
The Ears

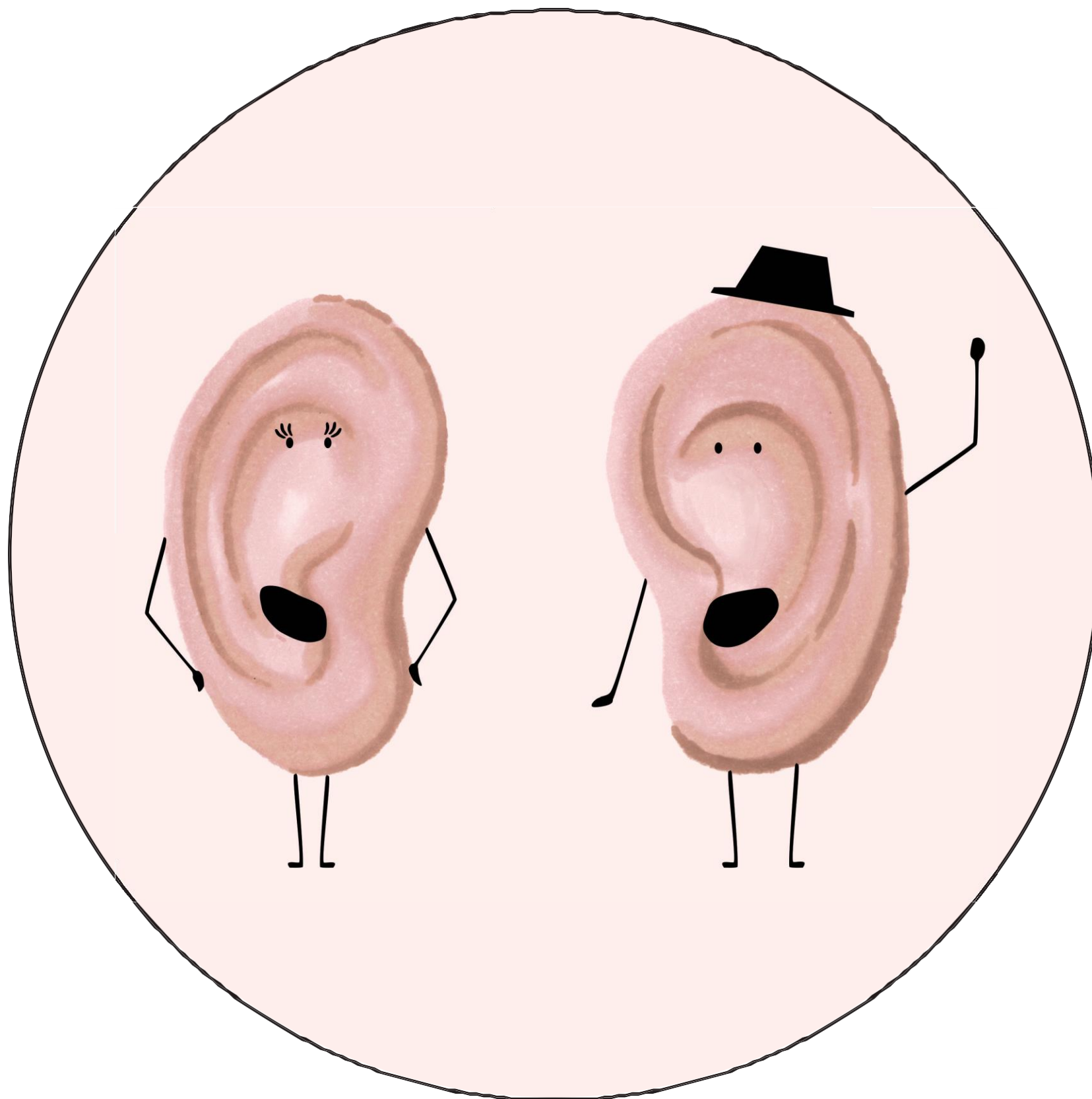
GENERAL EAR CARE

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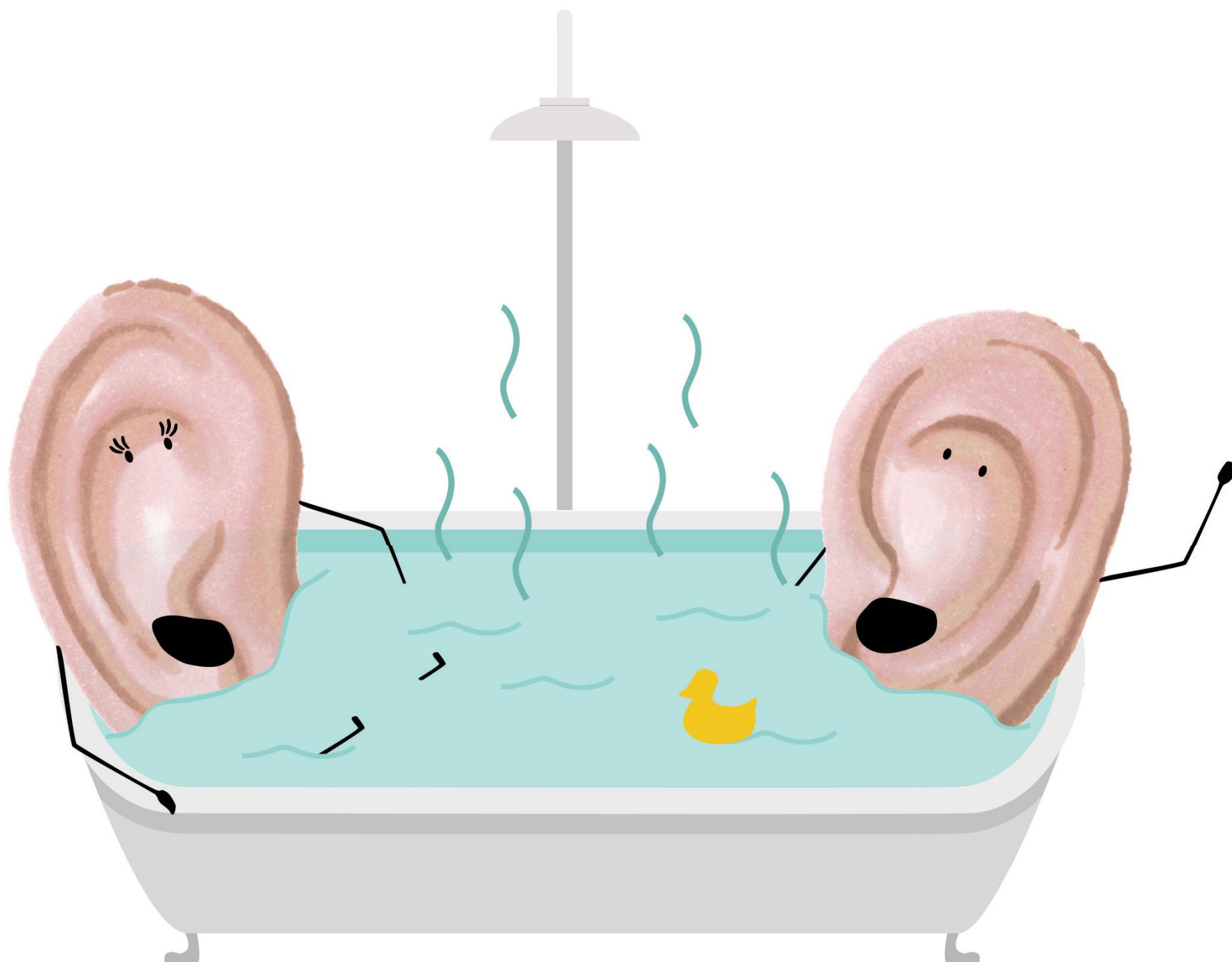
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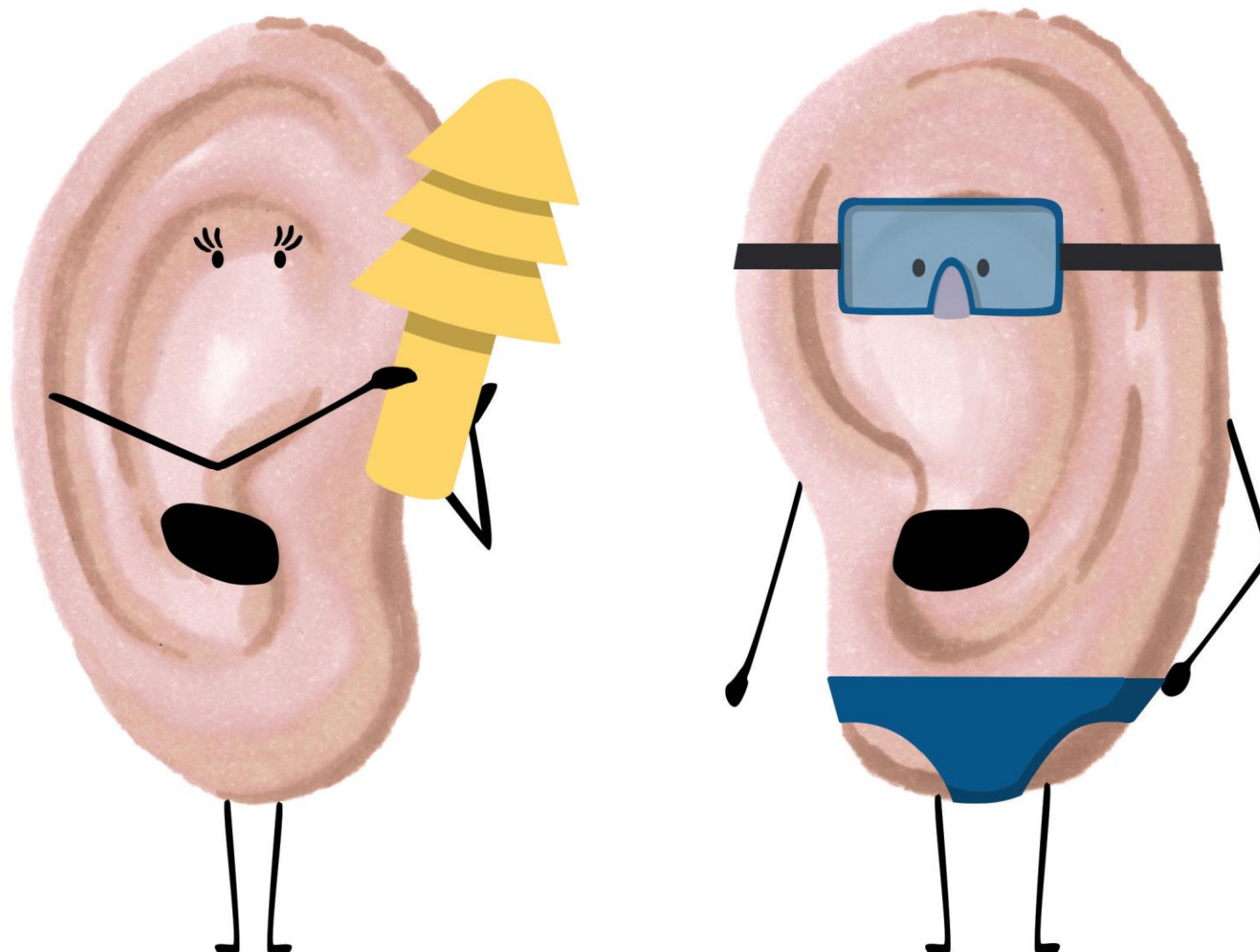
GENERAL EAR CARE



Use water at body temperature for
cleaning your ears.

The Ears

GENERAL EAR CARE



Use individual ear protection if you practice water sports.

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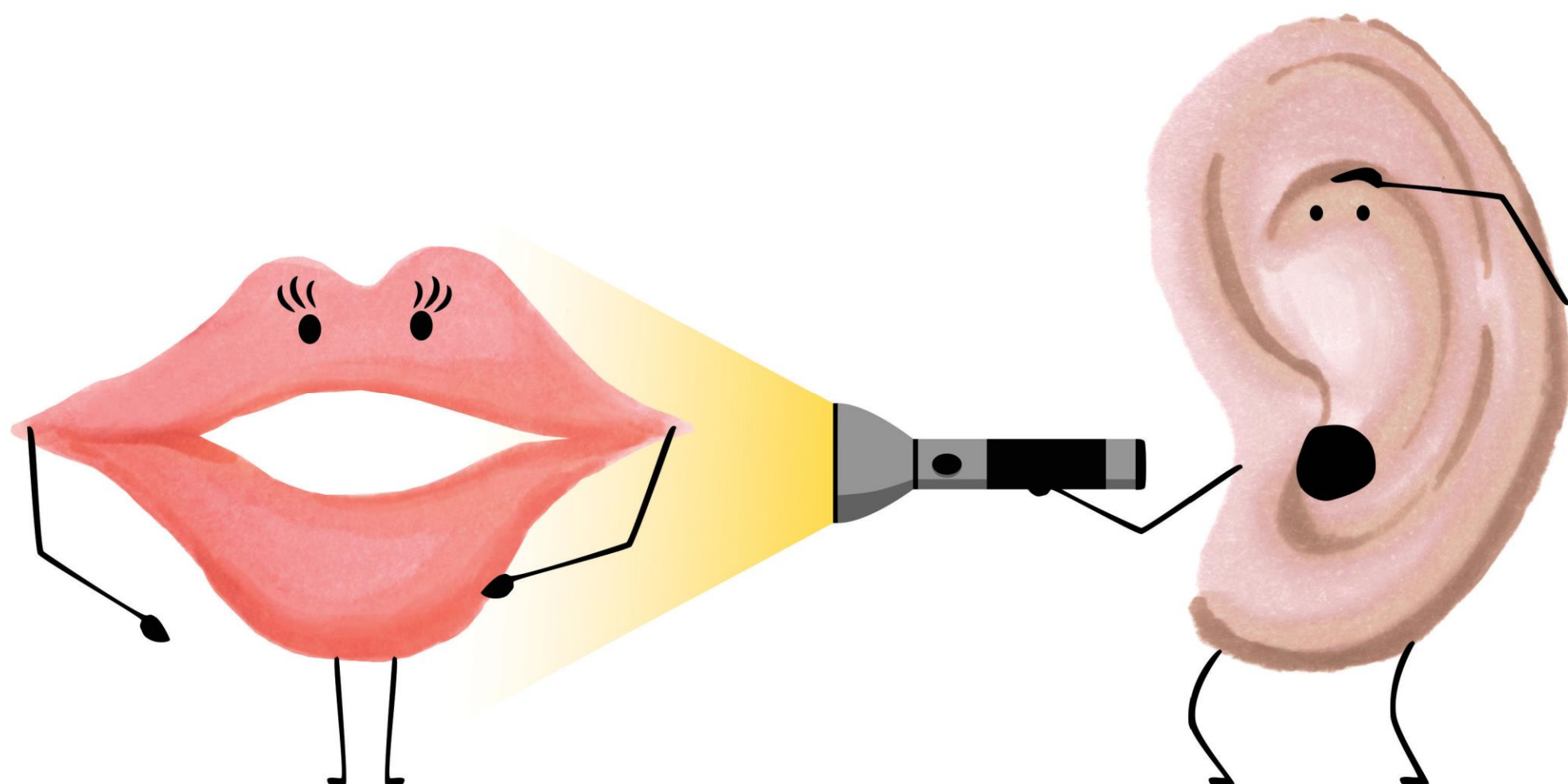
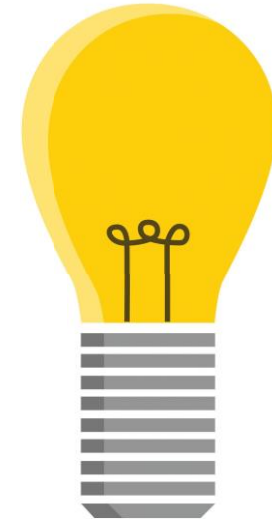
GENERAL EAR CARE



Use an individual ear protection to
protect your ear from noise.

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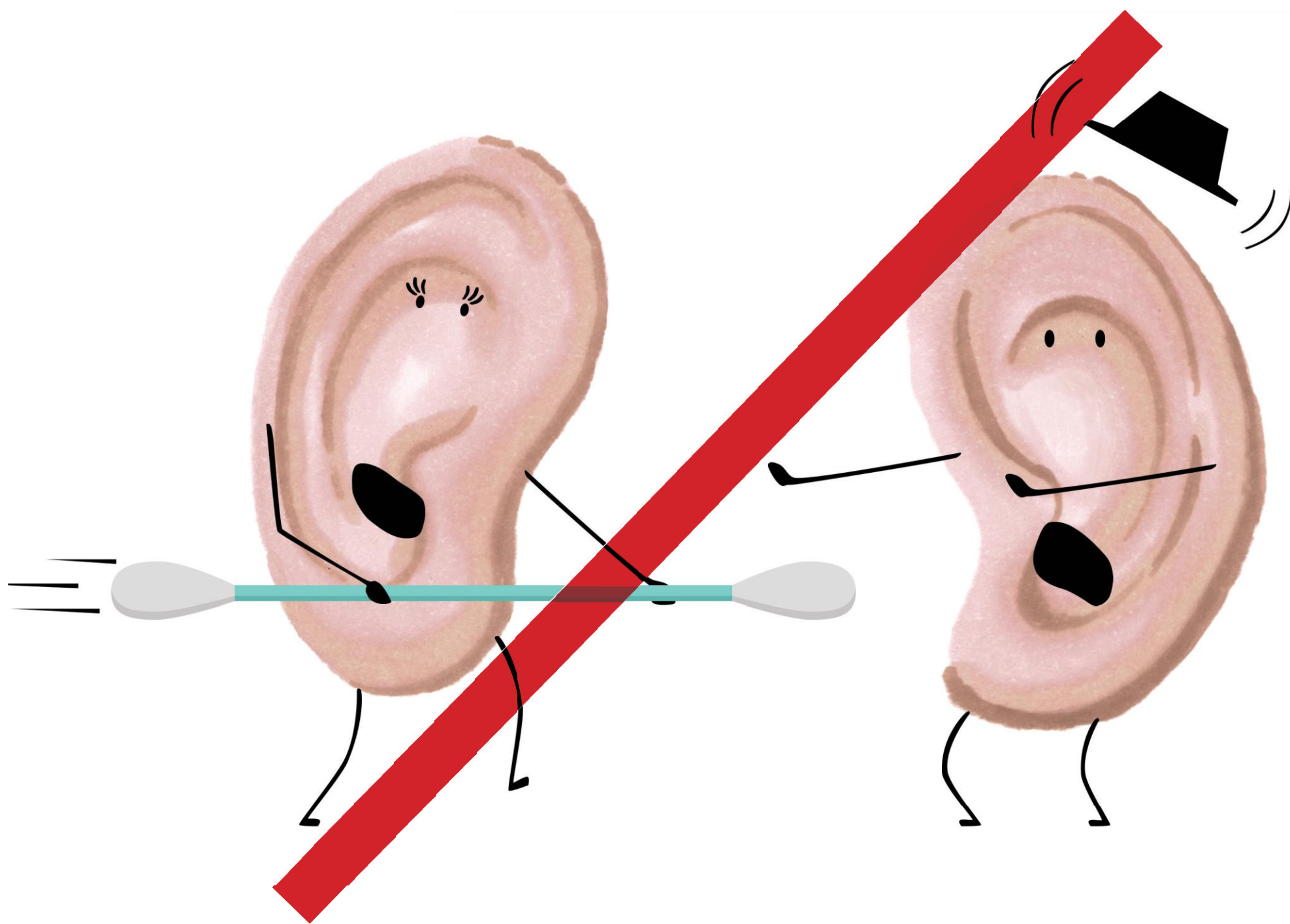
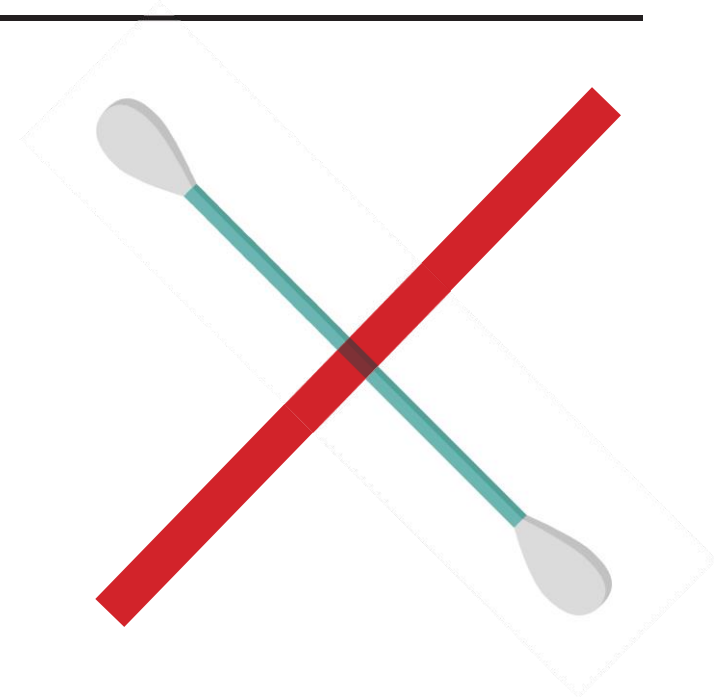
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If you have a hearing loss, look for
sufficient lightning, so you can see the
face of the other person
while talking.

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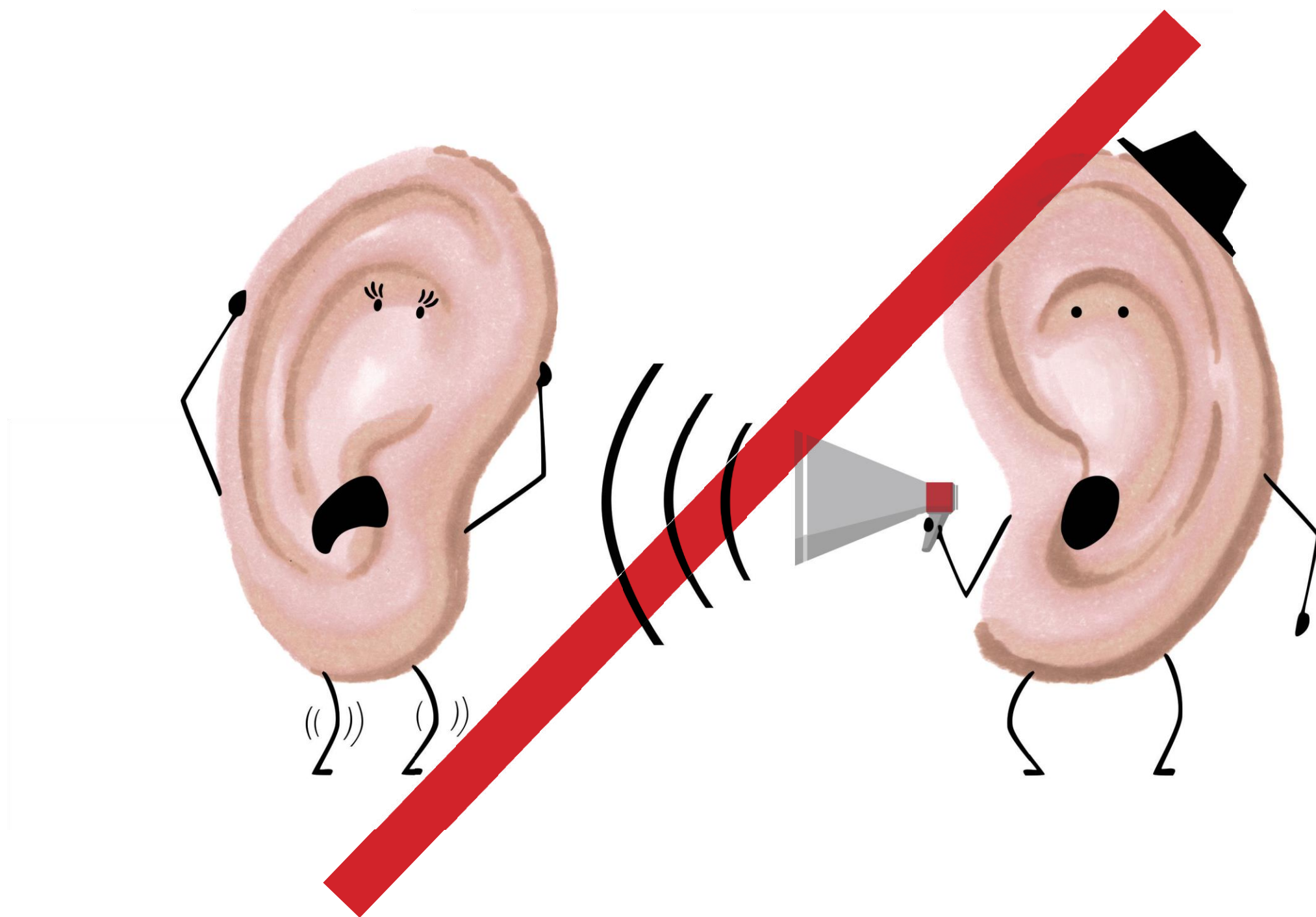
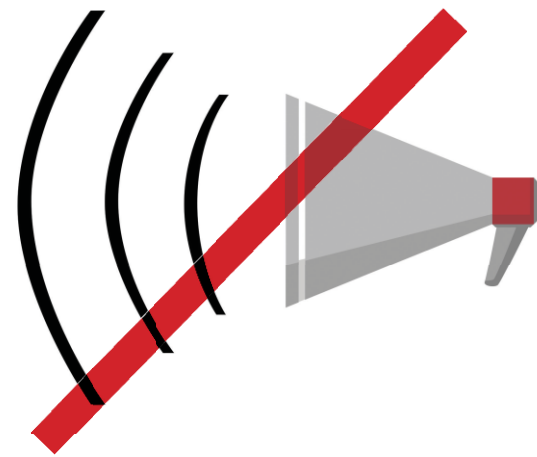
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Don't use cotton swabs!

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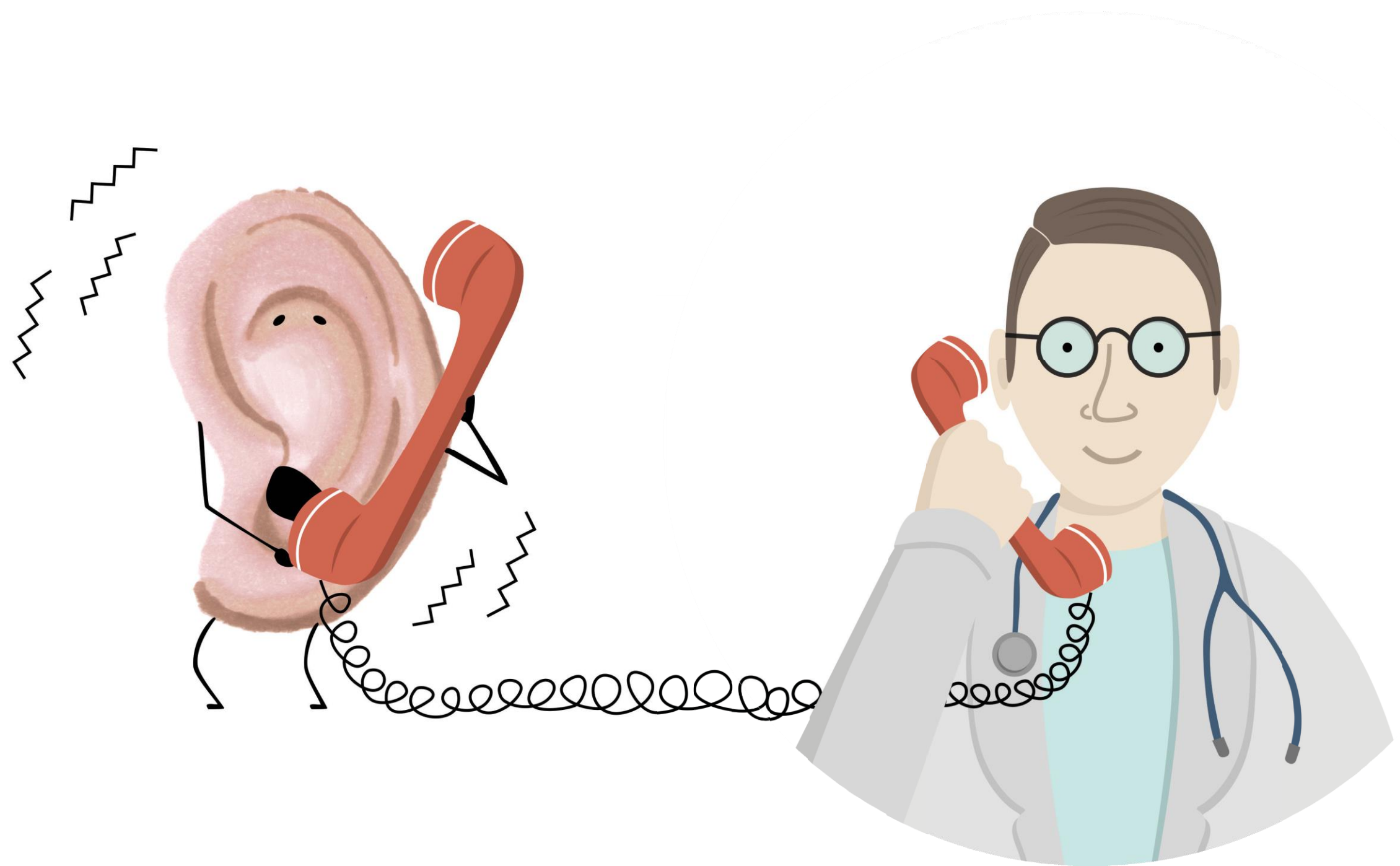
GENERAL EAR CARE



Protect your ears from excessive noise.

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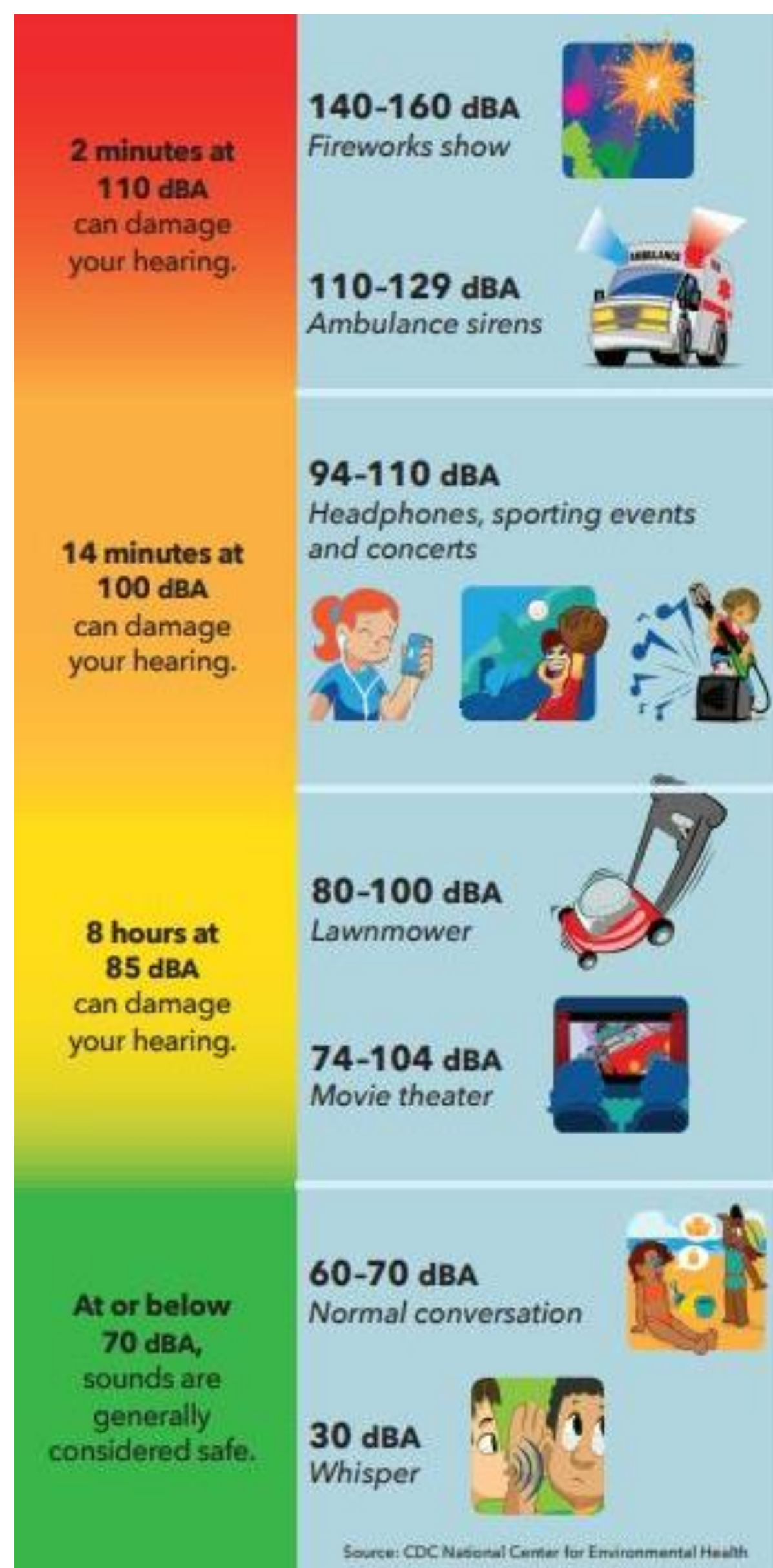
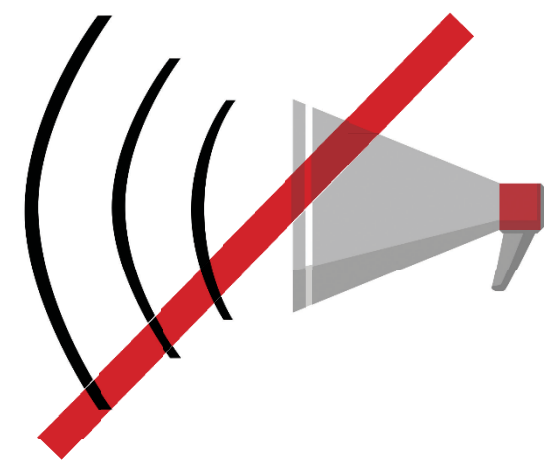


If you hear worse, have pain or feel
strange in your ear:

Go to a doctor!

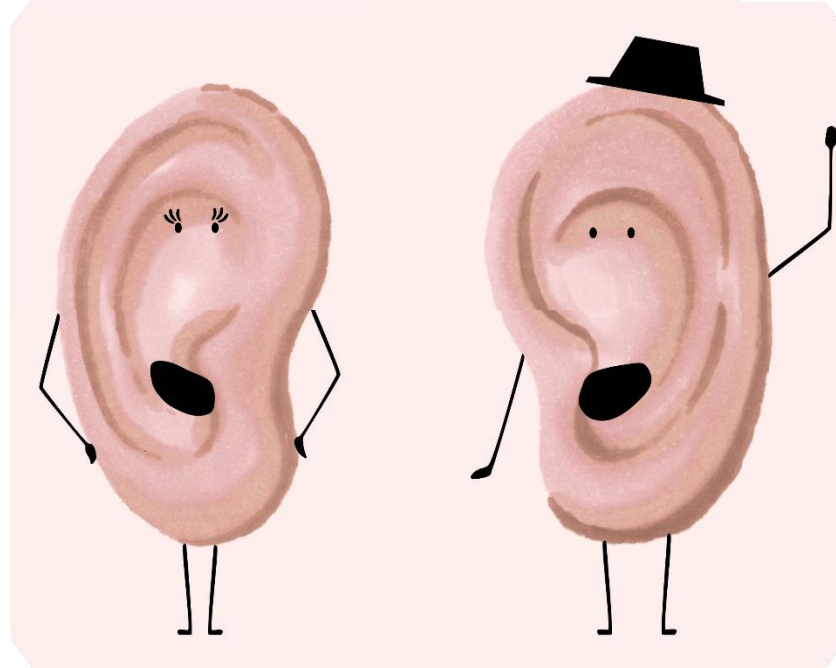
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HOW LOUD IS TOO LOUD



The Ears

FUN FACTS



- Earwax production is necessary for good ear health and is made up of oil and sweat.
- Without your ears, you would lose balance.
- Your ears keep “growing” with age.
- Your ears help regulate pressure changes.
- Your ears are connected to your nose and throat.
- Your ears never stop hearing, even when you sleep. Your brain just ignores incoming sounds.
- Tiny hair cells in your inner ear are what translate sound waves into electricity to send to your brain.
- After eating too much, your hearing is less sharp.