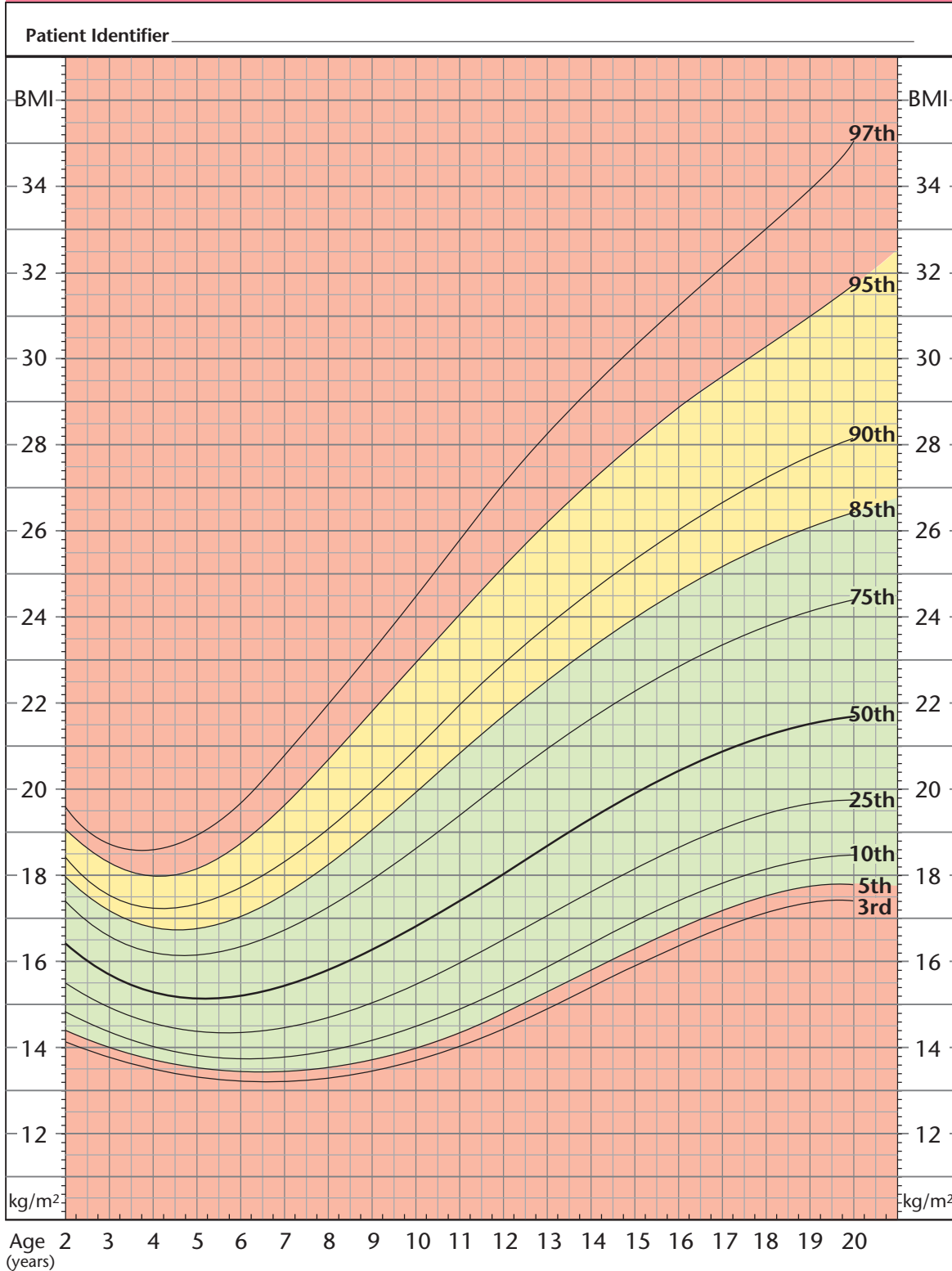




# Body Mass Index 2 to 20 years

# GIRLS



**To calculate BMI:**

**Kilograms and meters:**  
 $\text{weight (kg)} / [\text{height (m)}]^2$

**Pounds and inches:**  
 $\text{weight (lb)} / [\text{height (in)}]^2 \times 703$

**GIRLS:  
99th percentile cut-points**

AGE	BMI
5	21.5
6	23.0
7	24.6
8	26.4
9	28.2
10	29.9
11	31.5
12	33.1
13	34.6
14	36.0
15	37.5
16	39.1
17	40.8

From National Initiative for Children's Healthcare Quality ([www.nichq.org](http://www.nichq.org))

Color coding of the 2000 CDC BMI charts by UNC's Department of Pediatrics and Center for Health Promotion and Disease Prevention (CDC Cooperative agreement U48-DP-000059) for research and clinical purposes