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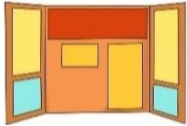



Use this list to calculate your supplies cost for your discipline. Unused, non-disposable items should be collected at the end of the event and stored under lock and key to support future events. When filling this information out for future events, conduct an inventory to determine what items you will not need and complete this supplies needed form as appropriate. Contact Health Promotion Program Manager, Peyton Purcell ([ppurcell@specialolympics.org](mailto:ppurcell@specialolympics.org))






## Health Promotion

Standard Supply Item	Refer to HP CD Manual for ordering and additional suggestions	Comment/Amount Recommendations	Quantity Advised Per Training Manual	Vendor website	Estimated Cost
<b>Banners - Health Promotion</b>		If this is a first-time Health Promotion event, SOI will provide 2 HP banners per program for US/Canada programs. Order from SOI.	2	For First time US-Canada Programs: SOI Warehouse- HP Program Manager, Peyton Purcell ( <a href="mailto:ppurcell@specialolympics.org">ppurcell@specialolympics.org</a> )  International Programs (or programs who need replacement banners) can access the files at: <a href="http://resources.specialolympics.org/Topics/Healthy_Athletes/Healthy_Athletes_Brand_Graphics.aspx#HlthPro">http://resources.specialolympics.org/Topics/Healthy_Athletes/Healthy_Athletes_Brand_Graphics.aspx#HlthPro</a>  Banners for individual stations are also available on the SOI website	no charge (first time US events)  Printing costs for international or replacement banners can be included in Capacity Grant
<b>Choose-to-Change Cards</b>		Must print needed quantity directly from HP forms and materials website at	based on stations offered, and number of athletes expected	<a href="http://resources.specialolympics.org/Topics/Healthy_Athletes/Disciplines/Health_Promotion.aspx">http://resources.specialolympics.org/Topics/Healthy_Athletes/Disciplines/Health_Promotion.aspx</a>	print in color locally on cardstock *printing backside is optional
<b>Athlete Health Report (screening results)</b>		Must print needed quantity directly from HP forms and materials website at Special Olympics.	100% anticipated athlete attendance	SOI Health Promotion Resources website	print in color, locally on paper
<b>Plastic baskets</b>		Use to consolidate forms, giveaways and other materials. Helps keep HP venue tidy and organized.	2 per station	Dollar store	\$1 each
<b>Colorful table cloths</b>		Fabric or plastic table cloths to brighten look of venue, design can be station specific, solid colors nice if table filled with "busy" items	per station	local	varies

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<b>Fruit and Vegetable Balloons</b> (or something to attract attention)		Use to promote healthy fruits and vegetables, a great way to attract attention to the HP venue. These can be used several times to conserve on cost. Need a "party" size tank of helium (available from Party Store or Wal-Mart).A hand pump will work in a pinch.	mixed set of fruits and vegetables	<a href="http://nutritioneducationstore.com">nutritioneducationstore.com</a>	Package of 6 assorted fruits and vegetables \$36 plus shipping
<b>Posters/ displays</b>		Nutrition education, Food pyramid, health promotion posters and materials, include hand washing, food safety, smoking cessation	depends on number of stations	check USDA-my plate, CDC- nutrition and physical activity web sites	many free downloads
<b>Inflatable cows</b> (or something to attract attention)		Use to promote dairy products and to attract attention to the HP venue. These are reusable and can be inflated with a hand pump. 23" tall.	1	<a href="http://www.wisconsinfriedcheesecurds.com/Pages/merchandise.aspx">http://www.wisconsinfriedcheesecurds.com/Pages/merchandise.aspx</a>	\$20.00
<b>Food Models</b>		Use for interactive nutrition education. Use fake food, fresh food or food pictures as a substitute. Review the Enasco or HealthEdco catalogs and websites for options.	Include items from all food groups: dairy, grains, f & v, meats, legumes, etc	<a href="http://www.enasco.com/product/WA29168HR">http://www.enasco.com/product/WA29168HR</a>	\$295 (includes 42 food items)
<b>Prize Wheel Game</b>		Use for interactive education in several areas, handwashing, physical activity, nutrition	1 or more	<a href="http://prizewheel.com/">http://prizewheel.com/</a>	\$290 for 12" tabletop model
<b>Foam Skeleton Floor Puzzle</b>		Interactive teaching tool to engage athletes in thinking about their own skeleton and how to keep their bones healthy.	1	<a href="http://www.healthedco.com/index.php/skeleton-floor-puzzle.html">http://www.healthedco.com/index.php/skeleton-floor-puzzle.html</a>	\$29
<b>Loss of a Bone Easel</b>		HEALTH EDCO W43124 Loss of Bone Easel Display, 9" Length x 12" Height	1	<a href="http://www.healthedco.com/index.php/loss-of-a-bone-easel-display.html">http://www.healthedco.com/index.php/loss-of-a-bone-easel-display.html</a>	\$117

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Glo Germ Kit		Glo Box Kit with Glo Germ Gel, Powder, 21 LED UV Flashlight & Folding Box	1	<a href="http://www.onlinesciencemall.com/">www.onlinesciencemall.com/</a>	\$104 + shipping
Cambro Handwashing Station		4.75 Gallon Container Insulated Beverage Dispenser plus Cambro HWAPR Black Hand Washing Station	1	<a href="http://www.webstaurantstore.com/cambro-hwapr-black-hand-washing-station/214HWAPRBK.html?utm_source=Google&amp;utm_medium=cpc&amp;utm_campaign=GoogleShopping&amp;gclid=CMKYi9vvgg8QCFZGlaQod8pAA2Q">http://www.webstaurantstore.com/cambro-hwapr-black-hand-washing-station/214HWAPRBK.html?utm_source=Google&amp;utm_medium=cpc&amp;utm_campaign=GoogleShopping&amp;gclid=CMKYi9vvgg8QCFZGlaQod8pAA2Q</a>	\$110+\$130+ shipping
Water (Bottled)		Important teaching tool for hydration, physical activity and/or sun safety stations	50% of anticipated athlete attendance	local	donation
Fresh Fruit and Vegetables		Represent local food preferences, small colorful, not requiring preparation	50% of anticipated athlete attendance	local grocer	variety
Dairy products		Have a bin of ice for yogurt, plus plastic spoons.	50% of anticipated athlete attendance	local grocer	variety sugar free, low-fat or fat-free options
Bean Bag Toss Sun Safety		Order from Baggo, ask for the Special Olympics Sun Safety Game.	1	<a href="http://www.baggo.com/">http://www.baggo.com/</a>	\$50 for ½ Baggo game \$89.95 for full game (2 game boards). Reference HP when ordering.

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Lip Balm		Contact Peyton Purcell before ordering, as SOI may be able to supply for US programs.	depends on number of athletes	<a href="mailto:ppurcell@specialolympics.org">ppurcell@specialolympics.org</a> (for US programs) or order online.	varies
Solar Bracelets		Contact Peyton Purcell ( <a href="mailto:ppurcell@specialolympics.org">ppurcell@specialolympics.org</a> ) before ordering, as SOI may be able to supply to US programs or purchase from SolarActive. Order form on Special Olympics website.	50% of anticipated athlete attendance	Contact <a href="mailto:ppurcell@specialolympics.org">ppurcell@specialolympics.org</a> (for US programs) or order online: <a href="http://www.solaractiveintl.com/uv-Awareness-Bracelets-ezp-62.html">http://www.solaractiveintl.com/uv-Awareness-Bracelets-ezp-62.html</a>	\$2-\$2.50 each, depending on quantity. SolarActive provides a 10% price discount on total ordered.
Education Boards		Displays2go Tri Fold 3-Panel Display Board, 72 x 36 Inches with Black Velcro-Receptive Fabric and Write-On Whiteboard (3PV7236BLK)	as needed	Check Amazon and office supply sites	varies
Got Milk? / Milk Life photo backdrop banners and posters		Dairy Council has provided a limited number of banners and posters which can be obtained from SOI by US programs.		<a href="mailto:ppurcell@specialolympics.org">ppurcell@specialolympics.org</a> (for US programs)	No cost if ordered through your local Dairy Council
Digital scale		Recommend: Doran 6100DS digital--approximately US\$425 or Seca 869, approximately US\$425. Select scale that weighs up to a minimum of 400lbs. Ask for Special Olympics discount	1 or more	<a href="http://perspectiveent.com/">perspectiveent.com/</a>	\$425 USD
Stadiometer		Stadiometer: Portable adult/infant measuring unit; approximately \$400 USD. Ask for Special Olympics discount	1 or more	<a href="http://perspectiveent.com/">perspectiveent.com/</a>	\$400.00 US

Standard Supply Item	Refer to HP CD Manual for ordering and additional suggestions	Comment/Amount Recommendations	Quantity Advised Per Training Manual	Vendor website	Estimated Cost
<b>Body Mass Index Wheels adult</b>		Use to determine athlete BMI for athletes 20 years of age and older	1 for each scale/stadiometer set and for each trainee	For US-Canada Programs: contact HP Program Manager, Peyton Purcell ( <a href="mailto:ppurcell@specialolympics.org">ppurcell@specialolympics.org</a> ) For International Programs: order online ( <a href="http://bmiwheels.com/">http://bmiwheels.com/</a> ) or online tool/app: <a href="https://itunes.apple.com/us/app/nhlbi-bmi-calculator/id446441346?mt=8">https://itunes.apple.com/us/app/nhlbi-bmi-calculator/id446441346?mt=8</a>	varies
<b>Body Mass Index Wheels pediatric</b>		Use EZ Plot Pediatric BMI Wheel to determine BMI for athletes up to age 20.	1 for each scale/stadiometer set and for each trainee	<a href="https://www.macgill.com/ProductDetail/49210_Macgill-Ez-Plot-Pediatric-Bmi-Wheel-No-Chart-Needed-">https://www.macgill.com/ProductDetail/49210_Macgill-Ez-Plot-Pediatric-Bmi-Wheel-No-Chart-Needed-</a> or use a app: <a href="https://itunes.apple.com/us/app/pediatric-bp-calculator/id817332767?mt=8">https://itunes.apple.com/us/app/pediatric-bp-calculator/id817332767?mt=8</a>	US\$4.90
<b>Blood pressure cuffs</b>		Adult, extra-large and pediatric cuffs. Omron is one of several good brands.	3 adult; 1 XL and 1 pediatric	varied medical equipment suppliers or see if you can get donated	varies
<b>Bone density machine</b>		Sahara Request Form on SOI web site or contact Peyton at <a href="mailto:ppurcell@specialolympics.org">ppurcell@specialolympics.org</a> US Programs may be able to borrow one from Peyton. International programs may be able to rent from regional Hologic.	1 or more	To request a loan, complete the request form on the SOI website <a href="http://resources.specialolympics.org/Topics/Healthy_Athletes/Disciplines/Health_Promotion.aspx">http://resources.specialolympics.org/Topics/Healthy_Athletes/Disciplines/Health_Promotion.aspx</a>	\$7000 purchase or ~\$150 return shipping if borrowed
<b>Bone density clinic supplies</b>		Order gel, printer ribbon and foot sheets from Hologic, order form in HP CD manual, at SOI web site or at <a href="http://holgoic.com">holgoic.com</a>	See below	<a href="http://resources.specialolympics.org/Topics/Healthy_Athletes/Disciplines/Health_Promotion.aspx">http://resources.specialolympics.org/Topics/Healthy_Athletes/Disciplines/Health_Promotion.aspx</a>	estimate .50 per person tested

### Sahara Supplies and Recommended Quantities

Local programs will need purchase disposable supplies to perform bone density tests for athletes. The minimum order for Sahara supplies is \$100. What follows is a list of necessary supplies so plan to order at least 2 weeks in advance of your planned event. A current supply list and ordering information is available from Hologic. Call 1-800-321-4659.

Item	Purpose	Estimated need	Available
Foot sheets	Infection control	1 sheet per athlete	Through Hologic – US\$0.10 each (500 per box)
Coupling gel	Transmits sound waves	1 tube per 50 tests (2 heels)	Through Hologic – US\$6 per tube
Printer tape	Print QC results	1 roll per 100 tests	Through Hologic - US\$4 per roll
Kim wipes	Clean transducers	1 box per machine	Through Hologic - US\$2 per box or from Amazon.
Baby Fresh Wipes	Clean outside of machine	1 small box per event	Buy locally
Kleenex	Wipe heels	1 per machine	Buy locally
Surge Protector	Protect in power outage	1	Buy locally

### General Supplies

Item	Purpose	Estimated need	Available
Bags (Trash - large)	Clean-up and for waste at stations	2 dozen (per 500 athletes)	Buy Locally
Clipboards	Used for writing on HAS forms	15	Buy Locally
Non latex gloves	For optional use while doing screening	Sm, Med, Large	Buy Locally
Hand sanitizer	Wet wipes or liquid soap	varies	Buy Locally
Paper clips		2 boxes	Buy Locally
Kleenex		multiple boxes	Buy Locally
Paper Towels		1 per station & back up supply	Buy Locally
Pencils		2 dozen	Buy Locally
Pens		2 dozen	Buy Locally
Post It Notes		varies	Buy Locally
Rubber Bands		varies	Buy Locally
Scissors	Cutting tape and boxes	3	Buy Locally
Staplers & staples		varies	Buy Locally
Table coverings		1 per table	Buy Locally
Tape (duct, black electrician; packing, Scotch)	Hanging signage, packing up supplies, and taping down electrical cord	2 to 3 rolls each	Buy Locally
Clear plastic storage bins, labels & inventory sheets	To store supplies and inventory before next event		Buy Locally