Health Promotion Sample Layout (Layout may change based on the size of the space & expected # of athletes)

Check-In Station

BMI - Height and Weight Screening Station
Must be on hard wood

Chairs to take off and put on shoes

Bone Education Station

Exit

Check-Out Station – Counseling and HAS Form Collection

Sun Safety Station

Physical Activity Station
(need space to move around)

Bone Density Screening Station
Must be on hardwood

BP Screening Station

Bone Education Station

Health Habits Survey

Nutrition Education Station

Hydration Station

Tobacco Avoidance Education Station

Handwashing Station

Entrance

Key:

= Table  = screener chair  = athlete chair