



**If you have a wart or your feet are itchy...**



**Call your foot doctor to make an appointment**



**Special Olympics**



**Skin Care**



**Special Olympics**



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**Wash with soap and water**



**Dry thoroughly**



**If you get a blister...**



**Do not use an electric dryer on your feet**



**Apply powder...**



**Do not pop it...**



**Wear shoes to protect your feet**



**...to prevent smelly, sweaty feet**



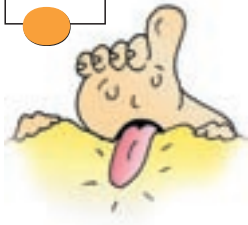
**If your feet are sore...**



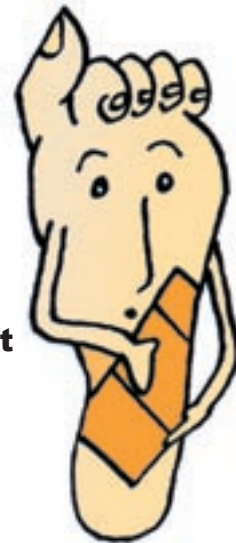
**Are your feet dry?**



**Remember to moisturize**



**Protect it with a bandage to prevent infection**



**Soak them in Epsom salts**

