

Fit Feet

Overall Equipment & Supplies Totals

Standard Supply Item	Quantity Advised	Available From	Funding Source	Recommendations/ Comments
Banners/Signs - Fit Feet	1-4 *	Horizontal banner available from SOI or Local printing	SOI or Healthy Athletes Grant	*Minimum required to have 1 at discipline entrance; Additional 2-3 may also be included as optional signage throughout the venue For any banners used, ensure proper branding including sponsors See Fit Feet branding resources page
Signage for Each Station	1 per station/sub-station	Local printing	Healthy Athletes Grant	*Minimum of 4; Up to 7 total used to indicate where athletes are to go next and keeps the flow of screening Utilize Discipline logos as needed to supplement signage See Fit Feet branding resources page
HAS Form (if not using tablets)	1/athletes	Local printing	Healthy Athletes Grant	Printed HAS forms based on method of data capture Found on HAS Resources Page
Pens/Pencils (only needed if no tablets)	30	Local store/Online (e.g. amazon)	Healthy Athletes Grant	To fill out any paper forms/documents as needed
Clipboards (only if no tablets)	30	Local store/Online (e.g. amazon)	Healthy Athletes Grant	for HAS and score cards as needed
Fit Feet Clinical Protocol Guide	11	Local printing	Healthy Athletes Grant	Used to support volunteers at each station to reference if needed during screening. Each guide can be split up as appropriate so that each station only has the pages specific to that station *total qty includes 1-2 master copies (one for CD) Document found on Fit Feet Resources Page
Shoe Size Conversion Charts	6	Local printing	Healthy Athletes Grant	Gives volunteers quick reference to make shoe size conversion from CM measurement to athletes shoe size type (i.e., US, EURO, UK) *Note: Only needed if using paper forms Document found on Fit Feet Resources Page
Educational Handouts	1/athlete	Local printing	Healthy Athletes Grant	Given to athletes pending their results from HAS form at education station Document found on Fit Feet Resources Page
Athlete Scorecard/Passport	1/athlete	Local printing	Healthy Athletes Grant	Given to athletes with the outcome of screening and indicates any need for referrals Document found on Fit Feet Resources Page
Staplers	4	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to compile all education material for athlete
Staples	1/athlete	Local store/Online (e.g. amazon)	Healthy Athletes Grant	
Examiner Stools	10-12* *if unable to obtain, add this count to number of chairs below	Performance Health Local store/Online (e.g. amazon) Local donations	Healthy Athletes Grant	Volunteers to utilize during examination during station 2 & 3 (prioritize for station 3 if limited quantities available)
Straight Back Chairs	50 - 65* *65 required if unable to source examiner stools (from above)	Rental or Venue Provided	Healthy Athletes Grant	Stable straight back chairs for waiting area and throughout each station
Tables (~6ft)	7	Rental or Venue Provided	Healthy Athletes Grant	Utilized for all stations for either athlete/volunteer interaction or supply/equipment storage
Table Cloths	7	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to cover tables at stations
Trash Bags	11	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Clean up and dispose of waste during screenings
Storage Box/Bin	4-6 *Add an additional 2 bins/boxes for paper form storage and/or if orthotics are being given	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Store miscellaneous supplies 2,3,&4 equipment, blank and completed paper HAS forms, educational materials, etc.
Hand Sanitizer	10 bottles	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Hand hygiene between volunteers and athletes and between stations (quantity based on ~16 oz containers) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany

Disinfectant Wipes	10 containers	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to clean materials/equipment (quantity based on 100-150 wipes per container) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Latex Free Gloves (Small)	6-8 boxes per 100 athletes	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used during examination at Station 2,3 and 4 + orthotic fitting Box count based on 100 gloves/box *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Latex Free Gloves (Medium)	6-8 boxes per 100 athletes	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	
Latex Free Gloves (Large)	6-8 boxes per 100 athletes	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	
Masking Tape or Painters Tape	2	Local store/Online (e.g. amazon)	Healthy Athletes Grant	For testing set up for stations 2 and 4
Flat paper tape measures	4	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used for Foot measurement
Retractable Tape Measures	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to measure gait analysis distance (6 meters/20 ft)
Athlete Educational Giveaway Items	1/athlete	Performance Health Local store/Online (e.g. amazon) Local donations	Local donations or Healthy Athlete Grant	Options include but are not limited to: Sneaker Balls, Pedometers, Socks, Inserts, Shoes, Shoe Laces, Adaptive/no-tie laces (Caterpy laces offer discount for SOI and/or voucher to provide athletes - contact fitfeet@specialolympics.org
Scissors	2-4* *Up to 2 additional pairs if custom orthotics used	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Prep of stations + additional if cutting orthotics
Markers or Stickers	2-6 or 1 sticker/athlete	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used for marking off athlete completion of Fit Feet and to support with orthotic fitting
Name Badges for Volunteers	1/volunteer	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Identify volunteers, CD's and Program staff
Zip-ties or String	1 box or roll	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used for hanging signs throughout venue/stations, helping to securing equipment/signage during set up and for securing packed boxes after breakdown
Packing Tape	1-2 rolls	Local store/Online (e.g. amazon)	Healthy Athletes Grant	
OPTIONAL				
Knee Pads or Foam Pads	12	Local store/Online (e.g. amazon)	Healthy Athletes Grant	OPTIONAL: For examiners to utilize during examinations in stations 2 & 3
Shoe/Foot Covers	1/athlete	Local store/Online (e.g. amazon)	Healthy Athletes Grant	OPTIONAL: The screening requires the athlete to be barefoot for several examinations/stations. This optional equipment can be provided as an option for athletes to move from station to station while keeping their shoes off if they do not want to be barefoot. *Note: Foot cover should be provided at station 2 to be used for the entirety of screening
Monofilament (10 gram or 5.07 gauge)	1/athlete	Performance Health Local store/Online (e.g. amazon) Local donations	Healthy Athletes Grant Donations	OPTIONAL: Used for protective sensation section of Diabetic Foot Screen sub-station of station 3
Indoor/Outdoor Mat (3' x 20')	6-Apr	Local store/Online (e.g. amazon)	Healthy Athletes Grant	OPTIONAL: Used for gait analysis to indicate length walking, support barefoot walking on
Gait Analysis/Pressure Mapping System (i.e. Tekscan)	1	Loan from local provider Online	Program/local donation	OPTIONAL: For additional information on gait analysis and foot measuring (note: metrics found MUST include metrics included on HAS) Additional requirements that may be included with use of such equipment: -1 Laptop - Access to power close to location of gait analysis -1 printer

Equipment and Supplies Needs by Station

Station 1 - Check In

Standard Supply Item	Quantity Advised	Available From	Funding Source	Recommendations/ Comments
Banners - Fit Feet	1 at discipline entrance	Horizontal banner available from SOI or Local printing	SOI or Healthy Athletes Grant	Ensure proper branding including sponsors See Fit Feet branding resources page
"Station 1: Check In" Sign	1	Local printing	Healthy Athletes Grant	Indicates where athletes start the screening Utilize Discipline logos as needed to supplement signage See Fit Feet branding resources page
Paper HAS Form (if tablets are unavailable)	1/athlete	Local printing	Healthy Athletes Grant	Printed HAS forms used in case of tablet unavailability Document found on Fit Feet Resources Page
Pens/Pencils (if tablets are unavailable)	16	Local store/Online (e.g. amazon)	Healthy Athletes Grant	To fill out any paper forms as needed
Clipboards (if tablets are unavailable)	30	Local store/Online (e.g. amazon)	Healthy Athletes Grant	To hold paper HAS forms and record results
Fit Feet Clinical Protocol Guide	1	Local printing	Healthy Athletes Grant	Used to support volunteers on how to complete HAS at station (only need page 2 describing "Station 1: Check In") Document found on Fit Feet Resources Page
Straight Back Chairs	4	Rental or Venue Provided	Healthy Athletes Grant	Utilize stable straight back chairs for athletes & volunteers to sit while completing check in
Tables	1	Rental or Venue Provided	Healthy Athletes Grant	Utilized for athlete/volunteer interaction suggest using 183cm (6 ft) tables
Table Cloths	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to cover tables
Hand Sanitizer	1 bottle	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Hand hygiene between volunteers and athletes and between stations (quantity based on ~16 oz containers) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Disinfectant Wipes	1 container	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to clean materials/equipment at station (quantity based on 100-150 wipes per container) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Trash Bags	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Clean up and dispose of any waste
Storage Box/Bin	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to store blank forms

Station 2 - Sock/Shoe Assessment

Standard Supply Item	Quantity Advised	Available From	Funding Source	Recommendations/ Comments
"Station 2" Sign	1	Local printing	Healthy Athletes Grant	Indicates where athletes should move next Utilize Discipline logos as needed to supplement signage See Fit Feet branding resources page
Pens/Pencils (only needed if no tablets)	4	Local store/Online (e.g. amazon)	Healthy Athletes Grant	To fill out any paper forms as needed
Fit Feet Clinical Protocol Guide	2	Local printing	Healthy Athletes Grant	Used to support volunteers on how to complete HAS at station (only need pages 3-5 describing "Station 2") Document found on Fit Feet Resources Page
Shoe Size Conversion Charts	4	Local printing	Healthy Athletes Grant	Gives volunteers quick reference to make shoe size conversion from CM measurement to athletes shoe size type (i.e., US, EURO, UK) Document found on Fit Feet Resources Page
Examiner Stools	4	Performance Health Local store/Online (e.g. amazon)	Healthy Athletes Grant	Volunteers to utilize during examination * Replace with chairs if unable to source
Straight Back Chairs	4-8* <i>*8 if unable to source examiners stools (from above)</i>	Rental or Venue Provided	Healthy Athletes Grant	Stable straight back chairs for athlete/volunteer interactions

Tables	1	Rental or Venue Provided	Healthy Athletes Grant	Utilized for supply/equipment storage suggest using 183cm (6 ft) tables
Table Cloths	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to cover tables at station
Trash Bags	2	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Clean up and dispose of waste during screenings
Storage Box/Bin	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Store station equipment <i>Should be shared with Station 3&4</i>
Hand Sanitizer	2	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Hand hygiene between volunteers and athletes (quantity based on ~16 oz containers) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Disinfectant Wipes	2	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to clean materials/equipment (quantity based on 100-150 wipes per container) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Latex Free Gloves (Small)	2 box per 100 athletes	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used during station examination Box count based on 100 gloves/box *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Latex Free Gloves (Medium)	2 box per 100 athletes	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	
Latex Free Gloves (Large)	2 box per 100 athletes	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	
Paper Tape Measures	4	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used for Foot measurement
Knee Pads or Foam Pads	4	Local store/Online (e.g. amazon)	Healthy Athletes Grant	OPTIONAL: Used by examiners during examinations
Foot Covers	1/athlete	Local store/Online (e.g. amazon)	Healthy Athletes Grant	OPTIONAL: Provided at this station as an option for athletes to move from station to station while keeping their shoes off if they do not want to be barefoot <i>*1 foot cover/athlete to be used throughout screening</i>

Station 3 & 4 - Foot Assessment & Biomechanics

Standard Supply Item	Quantity Advised	Available From	Funding Source	Recommendations/ Comments
"Station 3 & 4 " Sign	1	Local printing	Healthy Athletes Grant	Indicates where athletes should move next Utilize Discipline logos as needed to supplement signage See Fit Feet branding resources page
Pens/Pencils (only needed if no tablets)	6	Local store/Online (e.g. amazon)	Healthy Athletes Grant	To fill out any paper forms as needed
Fit Feet Clinical Protocol Guide	3	Local printing	Healthy Athletes Grant	Used to support volunteers on how to complete HAS at station (only need pages 6-16 describing "Stations 3 & 4") Document found on Fit Feet Resources Page
Examiner Stools	6	Performance Health Local store/Online (e.g. amazon)	Healthy Athletes Grant	Volunteers to utilize during examination during station 2 & 3 *If unable to sources, replace with Straight back chairs
Straight Back Chairs	10-12* <i>*12 if unable to source examiners stools (from above)</i>	Rental or Venue Provided	Healthy Athletes Grant	Stable straight back chairs for examination
Tables	1	Rental or Venue Provided	Healthy Athletes Grant	Utilized for supply/equipment storage suggest using 183cm (6 ft) tables
Table Cloths	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to cover tables at stations
Trash Bags	3	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Clean up and dispose of waste during screenings
Storage box/bin	0	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Equipment for this station needing storage should be stored in same box as station 2 <i>(see QTY in station 2 above)</i>

Hand Sanitizer	3 bottles	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Hand hygiene between volunteers and athletes (quantity based on ~16 oz containers) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Disinfectant Wipes	3	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to clean materials/equipment (quantity based on 100-150 wipes per container) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Latex Free Gloves (Small)	2 boxes/athlete	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used for examination Box count based on 100 gloves/box *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Latex Free Gloves (Medium)	2 boxes/athlete	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	
Latex Free Gloves (Large)	2 boxes/athlete	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	
Masking Tape or Painters Tape	1 roll	Local store/Online (e.g. amazon)	Healthy Athletes Grant	For marking gait analysis distance/station 4 set up
Retractable Tape Measures	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Marking off gait analysis distance (6 meters or 20 ft)
Knee Pads or Foam Pads	6	Local store/Online (e.g. amazon)	Healthy Athletes Grant	OPTIONAL: For examiners to utilize during examination
Monofilament (10 gram or 5.07 gauge)	1/athlete	Performance Health Local store/Online (e.g. amazon) Donations	Healthy Athletes Grant Dontation	OPTIONAL: Used for protective sensation section of Diabetic Foot Screen sub-station of station 3
Indoor/Outdoor Carpet (3' x 20')	4-6	Local store/Online (e.g. amazon)	Healthy Athletes Grant	OPTIONAL: Used for gait analysis to indicate length walking & help if venue surface is uneven/non-uniform for barefoot walking
Gait Analysis/Pressure Mapping System (i.e. Tekscan)	1	Loan from local provider Online	Program Local donation	OPTIONAL: For additional information on gait analysis and foot measuring (note: metrics found MUST include metrics included on HAS) Additional requirements that may be included with use of such equipment: -1 Laptop - Access to power close to location of gait analysis -1 printer

Station 5

Data Review & Education

Standard Supply Item	Quantity Advised	Available From	Funding Source	Recommendations/ Comments
"Station 5" Sign	1	Local printing	Healthy Athletes Grant	Indicates where athletes should move next Utilize Discipline logos as needed to supplement signage See Fit Feet branding resources page
Pens/Pencils (only needed if no tablets)	4	Local store/Online (e.g. amazon)	Healthy Athletes Grant	To fill out any paper forms/documents as needed
Fit Feet Clinical Protocol Guide	4	Local printing	Healthy Athletes Grant	Used to support volunteers on how to complete HAS at station (only need pages 17-18 describing "Station 5") Document found on Fit Feet Resources Page
Shoe Size Conversion Charts	4	Local printing	Healthy Athletes Grant	Gives volunteers quick reference to make shoe size conversion if not already recorded from station 2 <i>*Only needed if using paper forms</i> Document found on Fit Feet Resources Page
Educational Handouts	1/athlete	Local printing	Healthy Athletes Grant	Given to athletes pending their results from the screening Document found on Fit Feet Resources Page

Athlete Scorecard/Passport	1/athlete	Local printing	Healthy Athletes Grant	Given to athletes with outcome of screening and indicates needs for referrals Document found on Fit Feet Resources Page
Stapler	4	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to compile all education material & follow up recommendations for athlete
Staples	1/athlete	Local store/Online (e.g. amazon)	Healthy Athletes Grant	
Straight Back Chairs	8	Rental or Venue Provided	Healthy Athletes Grant	Stable straight back chairs for athlete/volunteer interactions
Tables	2	Rental or Venue Provided	Healthy Athletes Grant	Utilized for athlete/volunteer interaction suggest using 183cm (6 ft) tables
Table Cloths	2	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to cover tables at stations
Trash Bags	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Clean up and dispose of waste during screenings
Storage Box/Bin	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Store blank educational materials, athlete passports, athlete scorecards, etc.
Hand Sanitizer	1	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Hand hygiene between volunteers and athletes (quantity based on ~16 oz containers) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Disinfectant Wipes	1	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to clean materials/equipment (quantity based on 100-150 wipes per container) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Orthotic & Products (Optional)				
Standard Supply Item	Quantity Advised	Available From	Funding Source	Recommendations/ Comments
"Orthotics & Products" Sign	1	Local printing	Healthy Athletes Grant	OPTIONAL: Indicates where athletes should move next Utilize Discipline logos as needed to supplement signage See Fit Feet branding resources page
Examiner Stools	2	Performance Health Local store/Online (e.g. amazon)	Healthy Athletes Grant	Volunteers to utilize during orthotic fitting
Straight Back Chairs	2-4* *4 if unable to source examiners stools (from above)	Rental or Venue Provided	Healthy Athletes Grant	Stable straight back chairs to fit athletes for orthotics
Tables	1	Rental or Venue Provided	Healthy Athletes Grant	Utilized for all stations for either supply/equipment storage suggest using 183cm (6 ft) tables
Table Cloths	2	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to cover tables at stations
Trash Bags	2	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Clean up and dispose of waste after orthotic fitting
Storage Box/Bin	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to store orthotics if needed
Hand Sanitizer	1	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Hand hygiene between volunteers and athletes and between stations (quantity based on ~16 oz containers) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Disinfectant Wipes	1	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to clean materials/equipment (quantity based on 100-150 wipes per container) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Latex Free Gloves (Small)	1 box/50 athletes	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used during orthotic fitting Box count based on 100 gloves/box *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Latex Free Gloves (Medium)	1 box/50 athletes	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	
Latex Free Gloves (Large)	1 box/50 athletes	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	

Orthotic Molds	1 set for ~50% of athletes	Local store/Online (e.g. amazon) Local donations	Healthy Athletes Grant	Physical shoe inserts to be fit uniquely to each athlete that would benefit (typically about 50% of athletes)
Scissors	2	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Cutting orthotic molds
Markers	2	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Support orthotic fitting if needed
Knee Pads or Foam Pads	2	Local store/Online (e.g. amazon)	Healthy Athletes Grant	OPTIONAL: For examiners to utilize during orthotic fitting
Standard Supply Item	Quantity Advised	Available From	Funding Source	Recommendations/ Comments
"Station 5: Check Out" Sign	1	Local printing	Healthy Athletes Grant	Indicates final station of screening and where athletes will exit Utilize Discipline logos as needed to supplement signage See Fit Feet branding resources page
Straight Back Chairs	2-4	Rental or Venue Provided	Healthy Athletes Grant	Stable straight back chairs for volunteer/athlete interactions
Tables	1	Rental or Venue Provided	Healthy Athletes Grant	Utilized for all stations for either athlete/volunteer interaction + educational giveaway storage <i>suggest using 183cm (6 ft) tables</i>
Table Cloths	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to cover tables at stations
Trash Bags	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Clean up and dispose of waste
Storage Box/Bin	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to store completed paper HAS forms
Hand Sanitizer	1	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Hand hygiene between volunteers and athletes and between stations (quantity based on ~16 oz containers) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Disinfectant Wipes	1	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to clean materials/equipment (quantity based on 100-150 wipes per container) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Athlete Educational Giveaway Items	1/athlete	Local store/Online (e.g. amazon) Local donations	Local donations or Healthy Athlete Grant	Options include but are not limited to: Sneaker Balls, Pedometers, Socks, Inserts, Shoes, Shoe Laces, Adaptive/no-tie laces <i>*Caterpy laces offer discount for SOI and/or voucher to provide athlete s</i>
Markers/Stickers	2 markers or 1 Sticker/athlete	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to mark athlete completion of Fit Feet
Waiting Area/Venue Space				
Standard Supply Item	Quantity Advised	Available From	Funding Source	Recommendations/ Comments
Banners - Fit Feet	2-3 additional banners (as needed)	Horizontal banner available from SOI OR Local printing required	Healthy Athletes Grant	OPTIONAL: Used for additional decoration and discipline signification Ensure proper branding including sponsors See Fit Feet branding resources page
Straight Back Chairs	24	Rental or Venue Provided	Healthy Athletes Grant	Stable straight back chairs for waiting area between stations
Trash Bags	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Clean up and dispose of waste
Storage Box/Bin	1	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to store miscellaneous storage
Hand Sanitizer	1	Rental or Venue Provided	Healthy Athletes Grant	Hand hygiene between volunteers and athletes (quantity based on ~16 oz containers)
Disinfectant Wipes	1	Henry Schein* Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to clean materials/equipment at station (quantity based on 100-150 wipes per container) *Henry Schein available for Programs in US, Jamaica, Canada, and Germany
Markers or Stickers	2 or 1 pack of stickers/labels	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used to label supplies/boxes/name tags as needed
Scissors	2	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Cutting orthotic molds
Name Badges for Volunteers	1/volunteer	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Identify volunteers, CD's and Program staff
Zip-ties or String	1 box or roll	Local store/Online (e.g. amazon)	Healthy Athletes Grant	Used for hanging signs throughout venue/stations, helping to securing equipment/signage during set up and for securing packed boxes after breakdown
Packing Tape	1-2 rolls	Local store/Online (e.g. amazon)	Healthy Athletes Grant	