**FORM C4 – Athlete Sport Registration / Snowshoeing**

(Please PRINT in ink using block letters or TYPE)

This Registration is for (CHECK ONLY ONE BOX BELOW):

[ ]  Athlete

[ ]  Alternate (Substitute/Reserve) Athlete

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Delegation Name SO Region

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |

Family Name First Name MI

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Gender  |  | Male |  | Female |

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Date of Birth  |  |  |  |  |  |  |  |  |  |  |  |

 DD MM Year

***NOTE: You can only select events in ONE Category***

***You must check each event(s) Athletes wishes to enter***

**All Relay Events REQUIRE that Form E be completed for each Relay Team**

|  |
| --- |
| **CATEGORY 1**  |
| Event Code | Check | Event Name |  | Qualification Time min/sec/hrd |
| S | N | 0 | 2 | 5 | M |  |  |  | 25 Meter Race |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| S | N | 0 | 5 | 0 | M |  |  |  | 50 Meter Race |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| **CATEGORY 2**  |
| Event Code | Check | Event Name |  | Qualification Time |
| S | N | 1 | 0 | 0 | M |  |  |  | 100 Meter Race |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| S | N | 2 | 0 | 0 | M |  |  |  | 200 Meter Race |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| S | N | 4 | 0 | 0 | M |  |  |  | 400 Meter Race |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| S | N | 4 | X | 1 | R |  |  |  | 4 X 100 Meter Relay |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| S | N | 4 | X | 4 | R |  |  |  | 4 X 400 Meter Relay |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| **CATEGORY 3**  |
| Event Code | Check | Event Name |  | Qualification Time |
| S | N | 2 | 0 | 0 | M |  |  |  | 200 Meter Race |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| S | N | 4 | 0 | 0 | M |  |  |  | 400 Meter Race |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| S | N | 8 | 0 | 0 | M |  |  |  | 800 Meter Race |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| S | N | 4 | X | 1 | R |  |  |  | 4 X 100 Meter Relay |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| S | N | 4 | X | 4 | R |  |  |  | 4 X 400 Meter Relay |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| **CATEGORY 4** |
| Event Code | Check | Event Name |  | Qualification Time |
| S | N | 8 | 0 | 0 | M |  |  |  | 800 Meter Race |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| S | N | 1 | 6 | 0 | 0 |  |  |  | 1600 Meter Race |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| S | N | 5 | K | L | M |  |  |  | 5 Kilometer Race |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| S | N | 4 | X | 1 | R |  |  |  | 4 X 100 Meter Relay |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |
| S | N | 4 | X | 4 | R |  |  |  | 4 X 400 Meter Relay |  | **\_\_\_\_:\_\_\_\_.\_\_\_\_** |