**FORM C4 – Athlete Sport Registration / Cross-Country Skiing**

(Please PRINT in ink using block letters or TYPE)

This Registration is for

 (CHECK ONLY ONE BOX BELOW):

[ ]  Athlete

[ ]  Alternate (Substitute/Reserve) Athlete

|  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
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Delegation Name SO Region

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Family Name First Name MI

|  |  |  |  |  |
| --- | --- | --- | --- | --- |
| Gender  |  | Male |  | Female |

|  |  |  |  |  |  |  |  |  |  |  |  |
| --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- | --- |
| Date of Birth  |  |  |  |  |  |  |  |  |  |  |  |

 DD MM Year

***NOTE: You can only select events in ONE Category***

***You must check each event(s) an Athlete wishes to enter***

**All Relay Events REQUIRE that Form E be completed for each Relay Team**

|  |
| --- |
| **CATEGORY 1 Classical Technique** |
| Event Code | Check | Event Name |  | Qualification Time |
| C | C | 0 | 5 | 0 | M |  |  |  | 50 Meter Race Classical Technique |  | **Not Required** |
| C | C | 1 | 0 | 0 | M |  |  |  | 100 Meter Race Classical Technique |  | **Not Required** |
| **CATEGORY 2 Free Technique** |
| Event Code | Check | Event Name |  | Qualification Time |
| C | C | 5 | 0 | 0 | M | F |  |  |  | 500 Meter Race Free Technique |  | **Not Required** |
| C | C | 1 | K | L | M | F |  |  |  | 1 Kilometer Race Free Technique |  | **Not Required** |
| C | C | 2 | 5 | K | M | F |  |  |  | 2.5 Kilometer Race Free Technique |  | **Not Required** |
| C | C | 4 | X | 1 | K | F |  |  |  | 4 X 1 Kilometer Freestyle Relay Free |  | **Not Required** |
| **CATEGORY 3 Classical/Free Technique** |
| Event Code | Check | Event Name |  | Qualification Time |
| C | C | 2 | 5 | K | M |  |  |  |  | 2.5 Kilometer Classical Technique |  | **Not Required** |
| C | C | 2 | 5 | K | M | F |  |  |  | 2.5 Kilometer Race Free Technique |  | **Not Required** |
| C | C | 5 | K | L | M |  |  |  |  | 5 Kilometer Classical Technique |  | **Not Required** |
| C | C | 5 | K | L | M | F |  |  |  | 5 Kilometer Race Free Technique |  | **Not Required** |
| C | C | 7 | 5 | K | M |  |  |  |  | 7.5 Kilometer Race Free Technique |  | **Not Required** |
| C | C | 1 | 0 | K | M |  |  |  |  | 10 Kilometer Race Free Technique |  | **Not Required** |
| C | C | 4 | X | 1 | K |  |  |  |  | 4 X 1 Kilometer Freestyle Relay |  | **Not Required** |