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# **What should an athlete do if s/he feels his/her rights have been violated**

PROGRAM - Please gather information mechanisms or procedures for reporting alleged human rights violations. The following entities are likely to have procedures in place or information about how and where to report such violations:

1. The national council for people with disabilities
2. The national ombudsperson for human rights
3. Local and international human rights advocacy, documentation, and defense organizations (e.g., Disability Rights International)
4. Complaints procedures that individual ministries (e.g., Ministry of Health) may have created
5. Complaints procedures or mechanisms created by national disability and/or non-discrimination legislation, policies, or plans

Please contact your Regional Health Manager (RHM) or Meredith Pierce (mpierce@specialolympics.org) and Anjela Jenkins (ajenkins@specialolympics.org), with copy to your RHM, if you would like technical assistance identifying the most relevant actors or mechanisms in your country. They can also discuss international avenues that may exist in the event that those at the country level did not provide satisfactory resolution of the situation or complaint.