

### **National Student Council**

National Honor Society | National Junior Honor Society Menu of Special Olympics resources that support the Global Citizenship and National Student Leadership Week projects

## **Global Citizenship Projects**

#### Equity

Projects that engage or improve relations with varied and underserved populations (e.g. Special Olympics, No Name Calling Week, Best Buddies, etc.)

#### **Civic Engagement**

Projects that raise awareness or engage in civic-based activities (e.g. mock elections, voter registration drives, Mayor for a Day, etc.)

#### **Positive Social Change**

Projects that raise awareness of or engage others in activities addressing identified social issues in the school and community (e.g. Random Acts of Kindness Week, Mix it Up day, Culture Fairs, etc.)

#### Empathetic Actions & Wellness

Projects that assist people in need or crisis, or improve the environment (e.g. Clothing/Food drives, Care packages for vets/homeless, Bowling with friends, etc.)

#### Awareness/Perspectives

Projects that raise awareness and perspectives to or promote meaningful dialogue on identified school and community issues (e.g. Anti-bullying/ smoking/drugs, Blood Drives, Pause before you post, etc.)



# Special Olympics Opportunities Ensure students with disabilities have equal access

- Ensure students with disabilities have equal access to all opportunities within the school, including such things as: student councils, clubs and athletics
- Start or add a Unified Sports team
- Start a Unified Club or make student council inclusive
   \* *Resources*: Student's Guide to Unified Sports +
   Club Guide + Inclusive Youth Leadership Guide
- Advocate for more opportunities for students with disabilities to be included throughout school
- Identify meaningful leadership opportunities for students with disabilities throughout the school
- Coordinate a "Spread the Word to End the Word Campaign" (R-Word Campaign)
- Organize an opportunity for students to be "Fans in the Stands" for a Special Olympics competition or Unified Sports game (school or local community)
   \* Resource: R-Word Website
- Start an inclusive fitness program for students with and without disabilities
- Start or add a Unified Sports team
- Fundraise or volunteer for Special Olympics

   \* Resources: Student's Guide to Unified Sports + State SO Program Locator
- Coordinate a Unified Field Day/Unified Sports Festival
- Plan a disability awareness week/lessons on inclusion
- Implement student-led bully prevention or 'Unity Day'

   Resources: Special Olympics 'Get Into It' + PACER's
   National Bullying Prevention Center + Unity Day +
   BullyBust: Promoting a Community of Upstanders

View all Special Olympics Unified Champion Schools resources at <a href="http://resources.specialolympics.org/unified-champion-schools-resources/">http://resources.specialolympics.org/unified-champion-schools-resources/</a>



