INCLUSIVE RESEARCH

WHAT IS INCLUSIVE RESEARCH?
Inclusive research involves individuals with intellectual disabilities (ID) throughout the entire research process. As such, this research is conducted with the community being studied, rather than for them. Inclusive techniques utilize the knowledge and insights of people with ID to produce research that is accurate and relevant to the population it pertains to.

TIPS FOR INCLUSIVE RESEARCH

1. **Involve people with ID throughout the entire research process.**
   This includes involving individuals with ID in the development of research topics, questions, methods, analysis, and dissemination.

2. **Train researchers in representation and inclusion.**
   Researchers should be trained to conduct research that is truly inclusive. For example, training covering how best to include individuals with ID of all levels of abilities.

3. **Results should be tangible and practical.**
   Tangible and practical results provide the opportunity for positive real-world impacts for individuals with ID, rather than just furthering academic theory.

4. **Communicate results in accessible formats.**
   It is critical that results are disseminated effectively to the population they pertain to. For individuals with ID, this means disseminating results in an easy-to-read, accessible formats. Ask for feedback from people with ID to ensure that all materials are accessible.

5. **Empower people with disabilities to conduct their own research.**
   Research may feel inaccessible to individuals with ID. Researchers should encourage, empower, and educate individuals with ID to conduct their own research.

This study was conducted in 2020, in partnership with the Samuel Centre for Social Connectedness. For more resources and to read the full report, visit https://www.socialconnectedness.org/fellowship-program/2020-summer-fellowship-program/

For more information about this study, please email sibliings@specialolympics.org