Beyond the Vision

Train the Trainer Notes

2016

*Created by the Joseph P. Kennedy, Jr. Foundation for the Benefit of Persons with Intellectual Disabilities*

**2016 Beyond the Vision Training**

This is for trainers to train both presenters and mentors and provides the background of why this persuasive presentation is needed and how it can be presented by athletes.

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| **Topics** | **Time** | **Trainer** |
| **Warm-up Exercises** |  |  |
| 1. Feeling the Passion for Athlete Leadership – have athletes repeat after you each of the following phrases at least 5 times. Share where they have come from, how cruel the world has been and what has been still present inside of them – the possibilities of becoming more, of doing more  * I **think** I can…has moved to … * I **believe** I can…has moved to… * I **know** I can…has moved to… * I **CAN!** Feel the energy; feel the passion! | 8:30 am |  |
| 1. Expressing your passion about Athlete Leadership  * What does athlete leadership mean to you? * What has been your most important role as an athlete leader? And why? | 8:45 am |  |
| **Beyond the Vision Explanation** |  |  |
| 1. Why did we make this presentation and develop the materials?  * The goal is to change the hearts and minds of people and to persuade them that they should promote and support Athlete Leadership in their program? What does that mean? *(Ask for several responses.)* * We thought you, the athletes, were the very best people to deliver the message, * Do you agree? Why? | 9:00 am |  |
| 1. What materials have been developed for you to support this training?  * The PowerPoint presentation that you have been studying * The video that goes with the presentation. Let’s take a look at the video. * Ask the following questions after the video: * Do you think this video portrays true athlete leadership? Why? * What types of leaders did you see? * What do you think people will say when they see it? * Does this make you proud to show this video as part of the Presentation? * The folder of athlete leadership materials includes the following; *(open folder, review folder F/B and review each document)* * Athlete Leadership Fact Sheet * Athlete Leadership Training: Series or University models * Handbook for Athlete Leaders *(Explain in your own words)* | 9:10 |  |
| 1. How are we going to use Beyond the Vision Presentation?  * Can you name ways in which you think we could use this presentation? * In your state? Are there other places we could use this too? * We have big plans for you. * Four (3) of you have Regional meetings where we hope you will be able to present Beyond the Vision PowerPoint and video with accompanying materials. * Four (4) other Regions do not have large meetings. You and your mentor will have to work toward finding a way to present these materials to these Regions. * First, we would like you to present this on your own state when you get home. More about all of this later! | 9:25 |  |
| **Making a Presentation – Preparation** |  |  |
| 1. Make assignments of 4 slides to specific groups of athletes.  * Group 1: Three athletes – Slides 2-6 * Group 2: Three athletes – Slides 7-10 * Group 3: Four athletes – Slides 11-15   Note: Each athlete will have received PowerPoint 3 weeks prior to meeting to study | 9:30 |  |
| 1. Ask athletes to paraphrase what each slide means.  * Ensure that each athlete gets one slide to explain. * Encourage them to use their own words. | 9:32 |  |
| 1. Presentations  * Group 1 * Group 2 * Group 3 | 9:35  9:45  9:55 |  |
| **Making a Presentation – Practice** |  |  |
| 1. Assign each athlete part of the presentation (half of the presentations he/she will be making). | 10:10 |  |
| 1. Go over what will occur after a 15-minute break. Each Athlete Leader will have 20 minutes to work on her/his presentation with mentor. |  |  |
| ***Break*** | 10:15 |  |
| 1. Athletes work with their mentor to prepare their 7 slide presentation. In the future the Presenter’s Guide provides a checklist to guide your preparation. | 10:30 |  |
| 1. Make presentations of 10 minutes each (mentor can work PowerPoint) with a 1-minute group evaluation after each one.  * Identify one good thing the presenter did. * Suggest one thing that would make it a better the next time. | 10:50 |  |
| ***Lunch*** | 12:45 |  |
| **Communicating Athlete Leadership in Your State** |  |  |
| *You all know you need to build a strong – Athlete Communication Chain in your State. Your chain is only as strong as your weakest link. You want to make sure you have strong links in your state.* | 1:50 |  |
| 1. Brainstorm how are you going to communicate with other Athlete Leaders in your state to find out how and what they think about issues. | 1:52 |  |
| 1. What tool did we have to help you communicate?  * Review US Athlete Leadership Directory, what it is * List of Athlete Leaders and State Liaisons. | 1:55 |  |
| 1. Why would you communicate with the athletes in your state?  * Probe … Items to be brought up at: * Local/Area Meetings * Games Evaluation * State AIC Meeting * Communication is an up and down feedback process. * Athletes give feedback at the lowest level. * It has a chance to go all the way to the top. * Example: Wyoming Input Council wants to stop their Area Games from being held on Fridays because adults have to work and cannot come to these Games. They might want to know if any other states have had that opinion before they go further with discussion in their state. | 1:57 |  |
| 1. What topics might come up as discussion?  * Brainstorm other potential topics like: * Training deficiencies * Lack of roles for athletes in leadership * Offering soft drinks to athletes at competition for lunch instead of water * Lack of water at competitions * Dropping a sport and not consulting with athletes | 1:59 |  |
| 1. How do you think you can help get athlete leaders interested in talking to you and getting input from their state?   *(Keep them updated and communicate regularly.)*   * Mentors please find the free conference call number for your state so that the regular calls can be made easily. * Individual calls may be made by athletes on their cell phones in between their conference call emails. | 2:00 |  |
| 1. How do you feel about keeping constant contact within your states? | 2:02 |  |
| **Promoting Athlete Leadership in Your State** |  |  |
| 1. Now let’s talk about how you are going to promote and grow Athlete Leadership in your state.  * Specifically, what will you ask them to do to help you? * You are going to ask them to: * Help you secure a time at the state meeting or Leadership Conference that you may share your presentation * Ask each Area Director to bring their Athlete Leader to the Athlete Leadership Conference. * Help determine if there is a smaller meeting where you might make a presentation if there is no Leadership Conference. * If there is no meeting scheduled, introduce you to each Area Director at one of their meetings. * Help start an AIC in your state if you don’t have one. | 2:05 |  |