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The **Athlete Leadership University Curriculum** can be seen and experienced with coursework taken in a focused area or major. The goal of the University model is to provide programming that mirrors a college degree with a major in Communications, Sports or Governance with Health in the process of being developed. Each course has a PowerPoint and Notes pages, Trainer Guide and Participant Guide as well as complementary materials and handouts. It is recommended that at least one of the trainers be an athlete with a defined role and subject matter and who has been trained in that role.

Athlete Leadership begins with awareness and promotion of the movement. *Beyond the Vision* and *This is Athlete Leadership* are two such courses getting the word out and providing the participants information on Athlete Leadership and which Athlete Leadership Courses will be offered.

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| **Promoting Athlete Leadership**1. Beyond the Vision – Persuasive Presentation and Video *(20 minutes)*
2. This Is Athlete Leadership – Educational Orientation *(1 hour)*
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| Introduction to Athlete Leadership Course *(7-8 hours: Pre-requisite before other courses)* |
| ***Communications Major*** | ***Sports Major*** | ***Governance Major*** |
| Global MessengerCourse | Athletes as Coaches Course | Athletes as Officials Course | Committees & Input Councils Course |
| Email, Internet and Search Engines Course |
| Working with the MediaCourse\* | Coaching Special Olympics Athletes Course\*\* | Experiencing Input Councils Course\* |
| PowerPoint Course | PowerPointCourse |
| Social Media Course\* *(Elective)* |
| Advanced Global Messenger Course\* | Sport-Specific Skills Course\*\*  | Sport-Specific Officiating Course\*\* | Developing Athletes as Board Members Course\* *(Elective)* |
| Leadership/Independent Study *(Requirement for graduating from each major) or*NGB Officiating Course for Officials Seeking NGB Certification |
| **Introduction to Athlete Leadership** is the required first course, and **Leadership/ Independent Study**is the final course. Courses in the athlete’s area of concentration require participation in the course and completion of a practicum within 6-12 months. A new ***Health Major*** plus the **starred** (\*) courses are in development. The **doubled starred** (**\*\***) courses are to be taught by sport qualified and Special Olympics experienced instructors. |