



Special Olympics Health,

made possible by the Golisano Foundation, is creating a world where people with intellectual disabilities have every opportunity to be healthy. Having access to health services also means more opportunities for education, employment, sports, and other pathways to participate in society .

Our goal is to improve access to quality health care for 11 million people with intellectual disabilities worldwide. The changes required to reach this milestone have the potential to unlock health care for all people with intellectual disabilities worldwide.

Special Olympics Healthy Athletes® trains health care professionals to provide quality care for people with intellectual disabilities and free health screenings in eight areas:

Healthy Athletes Disciplines:

-  **Fit Feet**
(podiatry)
-  **FUNfitness**
(physical therapy)
-  **Health Promotion**
(better health and well-being)
-  **Healthy Hearing**
(audiology)
-  **MedFest**
(sports physical)
-  **Special Olympics-Lions Club International Opening Eyes**
(vision)
-  **Special Smiles**
(dentistry)
-  **Strong Minds**
(emotional well-being)



For additional resources on inclusive health, visit www.inclusivehealthcenter.org or www.specialolympics.org/inclusivehealth

Special Olympics Health

To be a
great
athlete,
you need
to be a
healthy
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At the global level, we partner with national health authorities and international organizations, such as the World Health Organization and the Pan American Health Organization, to create health systems that are inclusive of all people.



Special Olympics Healthy Communities addresses the severe health disparities faced by people with intellectual disabilities by integrating health programming into all aspects of Special Olympics, building local partnerships, strengthening health care systems, and focusing on preventative education.

In addition, we work with fitness professionals and coaches on encouraging people with intellectual disabilities to exercise regularly and embrace a nutritious diet so they can live and compete at their best.

