

# 2025-2026 Systems Change in Inclusive Health Subgrants

*March 13, 2025*

**Leah Shaffner**  
Sr. Manager, Inclusive Health

**Renee Manfredi**  
SOI Consultant, Athlete Leader



Special Olympics  
**Health**

MADE  
POSSIBLE BY **Golisano** FOUNDATION

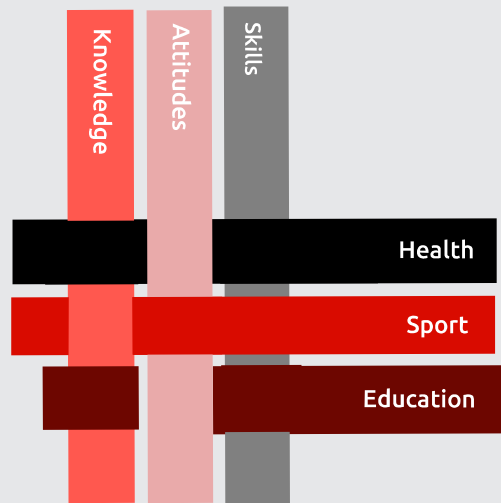
# Agenda



- Special Olympics Overview
- Subgrant Overview
  - Eligibility
  - Subgrantee Expectations
  - Budget Guidelines & Financial Restrictions
  - Timeline
  - LOI Submission
- Questions & Answers



# Special Olympics



# Special Olympics Inclusive Health



**Prevention**  
**Fitness**  
Early childhood development  
Family support

**Assessments**  
Healthy Athletes screenings  
Care linkage  
Closing the referral loop



**Training**  
Training of current and future health workers



**Health Systems Strengthening**  
Health literacy and self-advocacy  
Public health approaches  
Fostering best practices

# Subgrant Overview



## Funding projects that:

Increase the **inclusion of people with IDD** in healthcare, health promotion, and disease prevention systems.

## Funding amount:

**\$50,000** state and national level change

**\$25,000** local, city, and county level change

Address **problems** that impact the health and well-being of people with IDD.



# Systems Change



An approach to problem-solving that confronts the **root causes** of social issues, not the symptoms.

Systems change **improves structures, policies, and processes** with the goal of improving outcomes for everyone.



*Rather than creating programs designed uniquely for people with IDD, a systems-change approach transforms the system to work for ALL the members of the community.*

# Who Should Apply?



## Eligibility

- ✓ US-Based
- ✓ Must be an organization, not an individual
- ✓ Mainstream (non-disability) organizations\*
- ✓ Have a Unique Entity ID Number (UEI)
- ✓ Have active SAM.gov registration
- ✓ Propose systems change projects
- ✓ Meaningfully include people with IDD

## Examples

### **\$50,000 level – state/national**

hospitals, universities, large non-profits, state- or national-level institutions

### **\$25,000 level – local/city/county**

city- or state-wise institutions, local nonprofits, small businesses, grassroots community organizations

# Subgrantee Expectations



- Participate in virtual orientation session at the launch
- Participate in a mid-year check-in
- Complete all project activities by end of performance period
- Submit a final narrative and financial report
- Comply with all requirements in subgrant agreement
- Meaningfully include people with IDD in the work and process





# Including People with IDD in Projects



*Ideas to meaningfully consult with and include people with IDD in project design and implementation.*

- **Consult people with IDD to inform the project \***
  - Focus groups
  - Surveys
- **Include people with IDD in the project design and implementation \***
  - Hire people with IDD as consultants or employees
  - Advisory councils



*\*remember to pay people with IDD for their time*

# Budget Guidelines & Financial Restrictions



**Indirect costs:** up to organization's federal Negotiated Indirect Cost Rate Agreement (NICRA) or up to 15% if you do not have one

## **Salaries & benefits:**

- For program staff directly involved in the project
- Benefits are allowable up to 22% of salary
- Tuition remission is allowable

**Consultants/Contractors:** SME allowable. Should be no more than 25-30% of total budgeted direct costs.

# Budget Guidelines & Financial Restrictions cont.



## **Food/Meals:** unallowable

- Exception: reimbursement for meals allowable during travel per local GSA rate
- Exception: healthy snacks up to \$15 per person for full-day events

## **Lodging/Transportation:**

- Must follow local GSA rate
- Mileage reimbursement: \$0.70 per mile for business, \$0.14 for volunteers

## Budget Guidelines & Financial Restrictions cont.



**Remuneration:** not allowable as cash or gift incentives. Can provide health promotion products as incentives

**Lobbying:** prohibited

**Subscriptions:** Not allowed to *collect* charges, subscriptions, fees, or payments of any type for the project funded by this grant


# Receipts & Reporting



- All expenses require a corresponding receipt
- Employee salaries and wages must be documented with pay stubs and timesheets
- Contractors do not require timesheets, but proof of payment and contracting agreement
- All in USD
- All must be labeled and uploaded to SmartSimple

# SmartSimple



Special Olympics 

## Login

[Login](#)

[Forgot Password?](#)

Learn more about our [Privacy & Security policies](#)

New to the System? [Register Here](#)

## Welcome to Special Olympics

The mission of Special Olympics is to provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

If you are a first-time applicant, please register using the button below. You will be asked to take a brief eligibility quiz before you may begin the application process. We also ask that you read the Frequently Asked Questions and Eligibility guidelines before registering.

This system is used to:

- Apply for and report on sub-awards
- Access and submit sub-award agreements
- View your organization's online application history, and more

If you encounter any difficulty with your registration or subsequent log in attempts, please email [grants@specialolympics.org](mailto:grants@specialolympics.org)

# Timeline



**March 21, 2025**

**Letters of Interest due by email**

**April 11, 2025**

Qualified applicants invited to submit full proposal

**May 2, 2025**

Full proposals and budgets due by email

**Week of May 27, 2025**

Final decisions issued

**June – July, 2025**

Contracting period

**Early August, 2025**

Performance period begins, 85% of funding issued

**January - April, 2026**

Mid-year check-ins

**June 30, 2026**

Performance period ends

**July 11, 2026**


Final narrative report due

**August, 2026**

Final 15% of funds issued (if spent)

# LOI Submission





**SPECIAL OLYMPICS**  
**2024 SYSTEMS CHANGE IN INCLUSIVE HEALTH SUBGRANT**  
**Letter of Interest Submission Form**

**Instructions**

In order to be considered for the **Systems Change in Inclusive Health Subgrant 2024-2025** performance period, please complete the following form. The information included here will constitute your **Letter of Interest**. As a reminder, please do **not** submit a full proposal or a budget at this time.

Please submit a PDF or Word document of your completed form **via email** to [inclusivehealth@specialolympics.org](mailto:inclusivehealth@specialolympics.org). Save your document as "[Organization Name]-LOI.pdf" or "[Organization Name]-LOI.docx."

Completed letters of Interest must be received by **11:59 pm Eastern Time on April 8, 2024**.

**Regarding Word Count Limits:**  
We've included word count limits for each section below in order to help standardize the length of the letters of interest we receive. However, if you believe it's necessary to exceed the word count listed in order to appropriately answer the question, **you will not be penalized**. Please try to be concise if you exceed the word count limit. Similarly, if you are able to adequately answer a question using fewer words than the requested limit, that's okay, too! Every project has different needs.

**Contact Information**

Organization Name	
Organization Address	
UEI number (Formerly DUNS)*	
Primary Contact Name	
Primary Contact Title	
Primary Contact Email	

Special Olympics  
1000 W. 17th Street, NW, 11th Floor, Washington, DC 20018, USA  
PH: 202.462.7000 | www.specialolympics.org | www.inclusivehealth@specialolympics.org

The mark "CDC" is owned by the U.S. Dept. of Health and Human Services and is used with permission. Use of this logo is not an endorsement by HHS or CDC of any product, service, activity, or enterprise.

Letter of Interest Submission Form

Emailed to [inclusivehealth@specialolympics.org](mailto:inclusivehealth@specialolympics.org)

By March 21, 2025





# Thank you!

Questions? Email:

[Inclusivehealth@specialolympics.org](mailto:Inclusivehealth@specialolympics.org)

Special Olympics Health activities are supported by many sources, including in the United States by Grant Number NU27DD000021 from the Centers for Disease Control and Prevention of the U.S. Department of Health and Human Services, with \$18.1 M (64%) financed with U.S. Federal funds and \$10.2 M (36%) supported by non-federal sources.

These contents are solely the responsibility of the authors and do not necessarily represent the official views of the Centers for Disease Control and Prevention or the Department of Health and Human Services.



Special Olympics  
**Health**

MADE  
POSSIBLE BY **Golisano** FOUNDATION