



Special Olympics

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2012 Rule Change Summary Snowshoeing

Change From	Change To
<p>SECTION C – EQUIPMENT</p> <p>1. The snowshoe frame itself shall not be smaller than 20.32 cm x 63.5 cm (8 inches x 25 inches). This measurement shall be taken from the longest point of the snowshoe and at the widest point of the snowshoe. This measurement will be taken in two dimensions. The snowshoe frame measurement will not be taken along a curved line. Snowshoes shall have frames with at least 2 points on them a minimum of 20.32 cm apart (width) and at least 2 points on them a minimum of 63.5 cm apart (length). These measurements are taken in 2 straight lines in 2 perpendicular dimensions.</p> <p>7. Competitors should wear the same style, brand, type, size (or pair) of snowshoes and type of clothing throughout a competition</p>	<p>SECTION C – EQUIPMENT</p> <p>2. The snowshoe frame itself shall not be smaller than <u>17.78 cm</u> x <u>50.8 cm</u> (<u>7</u> inches x <u>20</u> inches). This measurement shall be taken from the longest point of the snowshoe and at the widest point of the snowshoe. This measurement will be taken in two dimensions. The snowshoe frame measurement will not be taken along a curved line. Snowshoes shall have frames with at least 2 points on them a minimum of <u>17.78</u> cm apart (width) and at least 2 points on them a minimum of <u>50.8</u> cm apart (length). These measurements are taken in 2 straight lines in 2 perpendicular dimensions.</p> <p>7. Athletes should must wear the same style, brand, type, size (or pair) of snowshoes and type of clothing for divisioning and finals competition of a particular event.</p>
<p>SECTION D-- PERSONNEL</p> <p>1. Officials</p> <ul style="list-style-type: none"> a. Chief of Course b. Chief of Race c. Starting Line Judge d. Assistant Starting Line Judge e. Finish Line Judge f. Field Judge 	<p>SECTION D-- PERSONNEL</p> <p>1. Officials</p> <ul style="list-style-type: none"> a. Chief of Course b. Chief of Race c. Chief Starter d. Assistant Starter e. Finish Line Judge f. Referees g. Chief Timer
<p>SECTION D—PERSONNEL 2. OFFICIAL DUTIES</p> <ul style="list-style-type: none"> a. The Chief of Course is responsible for maintaining proper track dimensions and conditions. 	<p>SECTION D—PERSONNEL 2. OFFICIAL DUTIES</p> <ul style="list-style-type: none"> a. The Chief of Course is responsible for preparing, maintaining and controlling the course so that it conforms to the official sport rules. (i.e. physical layout/marketing of

<ul style="list-style-type: none"> c. The starting line judge gives the start signal once the competitors have lined up. The starting line judge decides whether a start is good or false. d. The Assistant starting line judge ensures that all athletes are properly positioned behind the starting line before the start. The Assistant Starter stands ten (10) meters from the starting line and stops the competitors from continuing the race if a false start is declared. f. Field judges assigned to positions along the course to oversee the progression of the race and monitor compliance with rule on progress in SECTION E.4.c and SECTION E.4.d.referee 	<p>field of play).</p> <ul style="list-style-type: none"> c. The Chief Starter gives the start signal once the competitors have lined up. The starting line judge decides whether a start is good or false. d. Starter ensures that all competitors are properly positioned behind the starting line before the start. The Assistant Starter stands ten (10) meters from the starting line and stops the competitors from continuing the race if a false start is declared. f. Referees assigned to positions along the course to oversee the progression of the race and monitor compliance with rule on progress in SECTIONS 4 and 6. g. The Chief Timer is responsible for the direction and coordination of the officials working in the timing area. Supervises manual times and electronic timing: serves as backup referee and assist finish judge.
<p>SECTION E—RULES OF COMPITITION</p> <ul style="list-style-type: none"> 1. All snowshoes will be measured and checked by an official prior to each competition. 	<p>SECTION E—RULES OF COMPITITION</p> <ul style="list-style-type: none"> 1. All snowshoes <u>and batons</u> will be measured and checked by an official prior to each competition.
<p>SECTION E—RULES OF COMPITITION</p> <ul style="list-style-type: none"> 6. Relay Races <ul style="list-style-type: none"> b. A proper exchange (tag/ touch) must consist of the incoming competitor touching any part of the body of the outgoing competitor with his/her hand. Clothing covering the hand or body will be considered part of that hand or body. Snowshoes are not considered part of the body. c. The tag/touch must occur within the designated exchange zone. The bodies of the athletes may be outside the zone at the time of the touch/ tag. Making the touch/tag outside the exchange zone shall result in disqualification d. Competitors, before receiving and/or after handing off the touch/ tag should keep in their lanes or area until the course is clear to avoid obstruction to other competitors. If a competitor willfully impedes a member of another team by running out of position or lane, his or her team shall be disqualified e. The runners in the second, third and fourth legs of the relay races shall, under the direction of a designated official, place 	<p>SECTION E—RULES OF COMPITITION</p> <ul style="list-style-type: none"> . 6. Relay Races <ul style="list-style-type: none"> b. A proper exchange of the baton must take place within the exchange zone between the incoming and outgoing runner. c. Delete previous 6.c c. Competitors, before receiving and/or after handing off the baton should keep in their general area or position to the inside edge track until the course is clear to avoid obstruction to other competitors. If a competitor impedes a member of another team by running out of position or lane, his or her team shall be disqualified. d. Competitors awaiting the baton will be positioned by officials on the track prior to the start of the race (for the 4 X 100M relay) pr as the leading runner passes the 200M to go point (for the 4 X 400M relay) in the same order (inside to out) as the order of their respective incoming team member. Competitors waiting for the baton can take an inner position on the track as incoming team members approach, provided they do not jostle or obstruct

<p>themselves in their waiting position in the same order (inside to out) as the order of their respective team members as they complete their legs.</p>	<p>another competitor so as to impede the other competitor's progress.</p> <ul style="list-style-type: none">e. The relay baton shall be a smooth hollow tube, circular in section, made of wood, metal or any other rigid material in one piece. Metal batons are acceptable but caution must be used if handling them with bare skin in cold weather. The baton length shall be 280 to 300mm. The outside diameter shall be 40mm (± 2mm) and it shall not weigh less than 50gf. The baton shall be carried by hand throughout the race. Competitors are not permitted to place substances on their hands in order to obtain a better grip of the baton. If dropped, it shall be recovered by the competitor who dropped it. He/he may leave their lane to retrieve the baton provided that, by doing so, they do not lessen the distance to be covered. In addition, where the baton is dropped in such a way that it moves sideways or forward in the direction of running (including beyond the finish line), the competitor who dropped it, after retrieving it, must return at least to the point where it was last in his hand, before continuing in the race. Provided these procedures are adopted where applicable and no other competitor is impeded, dropping the baton shall not result in disqualification. If a competitor does not follow this Rule, his/her team shall be disqualified.g. The baton shall be passed within the exchange zone. The passing of the baton commences when it is first touched by the receiving competitor and is completed the moment it is in the hand of only the receiving competitor. In relation to the exchange zone, it is only the position of the baton which is decisive. Passing of the baton outside the exchange zone shall result in disqualification.h. Assistance between team members by pushing or by any other method shall result in disqualification of that team. Any competing athlete who jostles or obstructs another athlete, so as to impede his or her progress, shall be liable to disqualification from that event. The action must be judged to be beyond incidental to result in disqualification. Officials shall have the authority to order the race to be re-held excluding any disqualified athlete.
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	<ul style="list-style-type: none"> i. Competitors in the 4 x 100M relay about to receive the baton may commence running not more than 10m before the exchange zone. A line shall be marked on the track to denote this extended limit. If a competitor does not follow this Rule, their team shall be disqualified. j. Competitors in the 4 X 400M relay are not permitted to begin running outside the exchange zones, and shall start within this zone. If a competitor does not follow this Rule, their team shall be disqualified.
<p>SECTION E—RULES OF COMPETITION</p> <p>8. Protest Procedures</p>	<p>SECTION E—RULES OF COMPETITION</p> <p>8. Protest Procedures</p> <ul style="list-style-type: none"> c. Protests must be on the appropriate Special Olympics Protest Form. d. Protests must be submitted to a location specified by competition management within 15 minutes of the posting of the unofficial results.
	<p>See diagram – waterfall starts</p>

NOTE: For full detail of Proposed Rule Changes (Accepted and Denied) please contact your Regional Sport Director. This list does not indicate those proposed changes that were not adopted by the Sports Rules Advisory Committee in 2012.