

**GYMNASTICS –
RHYTHMIC****Form B-1
RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET
Level B Rope****Athlete's Name:** _____ **Number** ____ **Level B****Delegation:** _____**Division:** _____

Identified Skills	Value	Score
1. 4 knee bends.	1.0	
2. Swing rope right and left - 2 times.	1.0	
3. Put knots in 1 hand and double the rope.	1.0	
4. Tiptoe turn.	1.0	
5. Spin rope in front. Pose with heel out.	1.0	
Total Score	max 5.0	

Judge's Signatures _____

**GYMNASTICS –
RHYTHMIC****Form B-2
RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET
Level B Hoop**

Athlete's Name: _____ **Number** ____ **Level B**
Delegation: _____
Division: _____

Identified Skills	Value	Score
1. Twist hoop.	1.0	
2. Swing right and left - 2 times.	1.0	
3. Assisted rolls to right and center.	1.0	
4. Tiptoe turn.	1.0	
5. 3 heel steps. Jump to pose.	1.0	
Total Score	max 5.0	

Judge's Signatures _____

**GYMNASTICS –
RHYTHMIC****Form B-3
RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET
Level B Ball****Athlete's Name:** _____ **Number** ____ **Level B****Delegation:** _____**Division:** _____

Identified Skills	Value	Score
1. Counterclockwise circle.	1.0	
2. Walks forward (arm extended). Walks backward (arms bend).	1.0	
3. Bounce ball, roll in and out arms- 2 times.	1.0	
4. Toss ball, roll in and out arms- 2 times (finish in).	1.0	
5. Tiptoe turn.	1.0	
Total Score	max 5.0	

Judge's Signatures _____



**GYMNASTICS –
RHYTHMIC**

**Form B-4
RHYTHMIC COMPULSORY ROUTINE JUDGING SHEET
Level B Ribbon**

Athlete's Name: _____ **Number** ____ **Level B**

Delegation: _____

Division: _____

Identified Skills	Value	Score
1. Ribbon spirals. Tiptoe with overhead circle. 2 times.	1.0	
2. Walk forward with 4 overhead swings. 4 low swings.	1.0	
3. Walk backward with 4 overhead swings. 4 low swings.	1.0	
4. Jump, swinging ribbon up. Snakes down in front. 2 times.	1.0	
5. Swing ribbon back to ending pose.	1.0	
Total Score	max 5.0	

Judge's Signatures _____