

Recommended Health Promotion Supplies and Equipment

**Note:** Funding for much of the recommended supplies and equipment may be included in your Health Promotion Capacity Grant. Contact your Regional Healthy Athletes Coordinator for application materials and additional information.

<b>General Supplies to Purchase</b> (build into Capacity Grant):	<b>Source:</b>	<b>Notes:</b>
Tent		
Flooring for tent		
Tables		
Chairs		
Extension Cords		
Vinyl table clothes		
Pens		
Clipboards		
Misc. office supplies -		
Duct tape, scotch tape, scissors, paperclips, stapler, markers		
Electricity		

<b>Need to Print</b> (build into Capacity Grant):	<b>Source:</b>	<b>Notes:</b>
Choose to Change Cards	<a href="http://www.disabilitysolutions.org/SOI/Choose.html">www.disabilitysolutions.org/SOI/Choose.html</a>	
HAS form	Print from Special Olympics HP website	Get data entry password from Ed Schappell (eschappell@specialolympics.org)
HA - Hold Harmless form		

<b>Free Giveaways from SOI:</b>	<b>Source:</b>	<b>Notes:</b>
BMI wheel	Email Heather Parker(hparker@specialolympics.org)	
Chapstick	Email Heather Parker(hparker@specialolympics.org)	
Health Promotion banner	Email Heather Parker(hparker@specialolympics.org)	2 banners provided to new programs
Sun Safety banner	Email Heather Parker(hparker@specialolympics.org)	
Got Milk? Milk Mustache photo backdrop banners large (72x48 in) and small (36x48 in)	Email Heather Parker(hparker@specialolympics.org)	If reserving a bone density machine, Mary Pittaway can provide you with a kit upon request

<b>Available to borrow from SOI:</b>	<b>Source:</b>	<b>Notes:</b>
Bone Density Machines	Complete reservation form on Special Olympics HP website	Available to purchase from Hologic at a discount (\$7,000)
Height Measuring device	Email Heather Parker(hparker@specialolympics.org)	Stadiometer (PE-AIM-101) available to purchase from Perspective Enterprise: pepdc@perspectiveent.com (\$368)
Scale	Email Heather Parker(hparker@specialolympics.org)	Available to purchase from Perspective Enterprise: pepdc@perspectiveent.com. Doran scale, model number DS6100, 500lb max (\$385); Healthometer model number 752K1, 600lb max (\$356.)
Baggo sun safety game	Email Heather Parker(hparker@specialolympics.org)	Available to purchase from Baggo: customerservice@baggo.com; 888.323.1813. Price: \$50 for ½ of a Baggo game (1 game board - this size used in HP venue); \$89.95 for a full game (2 game boards). Reference HP when ordering.

<b>Additional Supplies/Equipment to purchase</b> (build into grant):	<b>Source:</b>	<b>Notes:</b>
Cameras		For "Got Milk?" photo giveaway
Film		For "Got Milk?" photo giveaway
Exam sheets (500 to a box)	Hologic order form on Special Olympics website	For BMD screening
Gel	Hologic order form on Special Olympics website	For BMD screening

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Kim wipes	Hologic order form on Special Olympics website	For BMD screening
Thermal tape	Hologic order form on Special Olympics website	For BMD screening
Latex gloves		For BMD screening
Loss of Bone Easel	<a href="http://www.healthedco.com/storefrontB2CWEB/itemdetail.do?action=prepare_detail&amp;itm_id=15533&amp;itm_index=0">www.healthedco.com/storefrontB2CWEB/itemdetail.do?action=prepare_detail&amp;itm_id=15533&amp;itm_index=0</a>	Price: \$103
Food pyramid and food	Available to purchase from Nasco: <a href="http://www.enasco.com/product/WA24675HR#details">www.enasco.com/product/WA24675HR#details</a>	Price: \$500
Nasco Food Models (white milk 8 oz, 4 oz, yogurt, cheese cubes, cottage cheese, string cheese)	<a href="http://www.enasco.com/nutrition/Life_form%26%23174%3B+Replicas/">www.enasco.com/nutrition/Life_form%26%23174%3B+Replicas/</a>	Price: 2 each @ \$9 each
Fruit and bottled water (athlete giveaway)		Attempt to get donated
Tape measure		For waist circumference
AA batteries		For scale
Fruit and vegetable balloons	<a href="http://www.yummydesigns.com/balloons.htm">www.yummydesigns.com/balloons.htm</a>	Price: \$25 per pack
Balloon pump	<a href="http://www.healthedco.com/storefrontB2CWEB/">www.healthedco.com/storefrontB2CWEB/</a>	Price: \$6
Tobacco poster child poster		
Tobacco free sports information	<a href="http://www.cdc.gov/tobacco/youth/educational_materials/sports/index.htm">www.cdc.gov/tobacco/youth/educational_materials/sports/index.htm</a>	
Tar jar		Directions in HP manual
Automatic blood pressure cuffs	Available on Amazon.com	Normal size (\$46) : Omron HEM-711AC Automatic Blood Pressure Monitor with IntelliSense; Large size (\$22.95) Omron H003D Large Adult Accessory Cuff; Small size (\$22.99) Omron H-003DS Small Adult Replacement Cuff for Blood Pressure Monitors
Stop watch	<a href="http://www.amazon.com/Avalon-Trainer-Digital-Display-3249BU/dp/B000BEU5UA/ref=sr_1_11?ie=UTF8&amp;s=shipping-goods&amp;qid=1271701914&amp;sr=8-11">http://www.amazon.com/Avalon-Trainer-Digital-Display-3249BU/dp/B000BEU5UA/ref=sr_1_11?ie=UTF8&amp;s=shipping-goods&amp;qid=1271701914&amp;sr=8-11</a>	Price: \$9.95

<b>Additional Supplies/Equipment to purchase (DO NOT BUILD into grant):</b>	<b>Source:</b>	<b>Notes:</b>
Sun screen	Rocky Mountain Sunscreen provides discounted sun screen to SO Programs on the West Coast. Email Dave Erikson at info@rmsunscreen.com and mention SO Healthy Athletes for availability.	SOI occasionally has free samples
UV bracelets (allow 6-8 weeks)	Available to purchase from SolarActive. Order form on Special Olympics website.	Price: \$2-\$2.50 each, depending on quantity. SolarActive provides a 10% price discount on total ordered.
Lapel pins	Available to purchase from Pin Source. Email Vini Sassone vini@pinsource.com; 1-800-678-9288 x 116	Price: depends on amount. Reference Special Olympics Health Promotion Rubberized PVC Apple Pins when ordering