







Office Supplies			
Check	Item	Quantity	
	Name Badges for volunteers (different colors for Physical Therapist, Assistant, Student and Volunteer)	50	
	Pencils	36	
	Pens	36	
	Clipboards	30	
	Duct Tape	1 roll	
	Packing tape	1 roll	
	Masking Tape	1 roll	
	Velcro Tape (box of both types of Velcro)	1	
	Heavy string	1 roll	
	Box of pushpins	1	
	Box of large paper clips	1	
	Scissors	2	
	Cardboard Boxes for the HAS forms	2	
	Clorox wipe cloths to clean equipment	12 boxes	
	Bottles of Sanitizing hand cleaner	12	
	Water and food for volunteers	To Be Determined	

Furnishings and Large Equipment			
Check	Item	Quantity	
	Tables	17	
	Mats for tables if tables are not padded	4	

	Mat tables (if available)	4	
	Floor mats for Education Station	4	
	Straight back chairs	24	
	Partitions for Functional Reach Test and Step Test (only if in a tent or other space without walls)	4	
	Stools or blocks to use under the legs during the sit-up test	6	

** Quantities of some items depend on the # of athletes that will be screened.

Signage, Forms, Instructions, and SO Logo or supplied Materials			
Check	Item	Quantity	
	FUNFitness HAS Data Forms	**	
	Signage for inside FUNfitness area (in appropriate language(s))		
	Signs that say "FUNfitness"	2	
	REGISTRATION or ENTRANCE	1	
	FLEXIBILITY	1	
	STRENGTH	1	
	BALANCE	1	
	AEROBIC CONDITION	1	
	EDUCATION	1	
	EXIT	1	
	Test Procedure Instructions and "Education Information" (appropriate procedure for each station)		
	Flexibility	6	
	Strength	6	
	Balance	6	
	Aerobic Condition	6	
	Hand Grip 10 th Percentile Cutoff Reference Sheet	4	
	Guidelines for Aerobic Condition Education	4	
	Athlete Scorecards (booklets)	**	
	FUNfitness Pins	**	
	Other Giveaway Items for Athletes:		

	Suggestions include hats, visors, stretching straps, water bottles, squeeze balls, cold packs. Items can be placed in a plastic bag from a local vendor.	TBD	
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FUNfitness Testing Supplies (with order numbers and approximate costs if purchased from Sammons Preston Roylan or their distributors worldwide)			
Ch eck	Item	Quantity	
	Large Goniometers #7541 - \$21.95 ea	15	
	Small Goniometers # 7512 \$ 8.21 ea	15	
	Stop Watches # 7528 - \$12.53 ea	8	
	Tape Measures	8	
	Adjustable Push Up Blocks # 5335 - \$119.99 ea	4 pair	
	Hand grip dynamometers # 926610 - \$215.88 ea	4	
	Tally counters # 7542 - \$21.90 ea	8	
	Hard foam or wood (each set consists of 3 pieces) 40 cm wide x 30 cm deep x 1.3 cm high 40 cm wide x 30 cm deep x 2.5 cm high 40 cm wide x 30 cm deep x 5 cm high	4 sets	

	Blindfolds or Headbands	8	
	Meter Sticks (cm)	2	
	20 Meter Retractable Tape Measure	1	
	Rolyan Level 2 Latex-free Band – 50 yds roll #561316 - \$84.48 roll	** 1 roll/50 Athletes	
	Rolyan Level 3 Latex-free Band – 50 yds roll #561317 - \$98.75 roll	** 1 roll/50 Athletes	
	Stability Trainer (pr blue) #92924401 - \$63.82 ea	3 prs.	
	Stability Trainer (pr green) #92924501 - \$63.82 ea	3 prs.	
	Heart Rate Monitors MIO Petite Classic - \$34.00 ea Additional 'Classic' Bands - \$8.00 ea	8 monitors 8 bands	

Optional Supplies			
Check	Item	Quantity	
	Wrap-around weights # 515901 adjustable 1 lb - \$ 6.70 # 515902 Adjustable 2 lbs - \$ 6.35 # 515902 Adjustable 3 lbs - \$ 10.49 # 515902 adjustable 4 lbs - \$13.33 # 515803 adjustable 5 lbs - \$ 17.16		
	Thera-Band Assist (box of 24) # 7155 - \$30.76		
	Tri-fold Mat with handles # 2718 - \$125.99 ea		
	Cando Flex Bars – red #551567 - \$12.35 ea	TBD or can be used as give-aways	

All equipment EXCEPT MIO HEART RATE MONITORS is ordered from Sammons Preston or a distributor in your region.

MIO heart rate monitors are ordered from Physi-cal on a special SO order form.

Contact Shantae Polk, Manager spolk@specialolympics.org for ordering forms (or Donna Bainbridge dbridge@montana.com if you cannot reach Shantae).

Training Materials			
Check	Item	Quantity	
	FUNfitness Manual including hard copy of all PPTs	One per person	
	FUNfitness HAS Form	One per person	
	FUNfitness Compact Disc with the following Contents: FF Manual HAS Form Athlete Scorecard Health ONE Data Entry Guidelines FF Brochure Any additional materials not included in the manual. PPT presentations: Overview HA and FF Event Guide PT and Data Guidelines Future Directions Data 2003-2006 General Presentation Addendum to Athlete Scorecard Hand Grip Tables Guidelines for Education after aerobic testing	One per person	
	FF Brochure	One per person	