

# Strive CORE Kit Checklist

Almost all the tools you need to perform the Strive CORE assessments can be found in your Strive CORE kit. In addition to this kit, you will only need a folding chair and a smartphone. You can order the kit by emailing Monica Forquer at [monicaforquer@gmail.com](mailto:monicaforquer@gmail.com). The items in the kit include:

- 3 Measuring Tapes
- 2 Stopwatches
- 4 Cones
- 1 Roll of Floor Tape
- 1 Yoga Mat
- 1 Dowel Rod
- 1 Ruler
- 1 Scale
- 1 Package of Anti-Bacterial Wipes
- 1 Clipboard
- 15 Assessment Sheets
- 1 Strive CORE Program Guide
- 1 Set of Coaches Training Cards



Special Olympics  
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