



Alpine Skiing

- SECTION C — EQUIPMENT
 - Slalom Gate language to read as follow:
 - 5. One slalom pole, the turning pole, shall be used to establish a slalom gate (reference FIS rule # 804/804.1/804.2/804.3)

Aquatics

- Shift in name to Swimming
- Swimming rules have been created under the umbrella of Aquatics
- Swimwear to conform to FINA
- Added 15m Kickboard event
- Added to the rules "Technical Delegate - The Technical Delegate shall represent Special Olympics as the key sport advisor for a specific sport and shall be responsible for ensuring that the GOC of the Games correctly interprets, implements and enforces Special Olympics Sports Rules and modifications, the rules of the relevant IF and current rule changes. The Technical Delegate shall advise the GOC on the technical requirements of the specific sport to ensure a safe, quality and dignified sports environment. The Technical Delegate shall be the final authority on each of these matters."

Athletics

- Modify current rule to read as follows:
 - B2 All distances will be measured along a perpendicular line from the foul line to the closest impression on the landing area made by any part of the athlete's body or (remove limbs) clothing. B2b3 Prior to competition, an athlete may receive assistance from an official to mark their runway starting point.
- Modify current rule to read as follows:
 - In the long jump, an athlete must be able to jump at least 1 meter, which is the maximum distance between the take off board and the sandpit. The take off board may be set anywhere from the front edge of the sandpit up to 1 meter in front of it.
- Modify current rule:
 - 1) Insert clarification to the units of measurement. All measurements shall be made in metric units.
 - 2) Competitors shall start with both feet behind a designated foul line. The athlete may initiate their attempt on the take off board. Note the standing long-jump take off board does not have to be a permanent structure.
 - 3) The athlete shall initiate all attempts from behind the designated foul line.
 - 4) Substitute take off line to foul line.
- Language around Mini-Javelin changed

Basketball

- Change order of official events to reflect the progression of events as follows:
 - Speed Dribble
 - Individual Skills Competition
 - Team Skills Basketball
 - Team Competition

- Half-Court Basketball 3-on-3 Competition
- Unified Sports Team Competition
- Unified Sports Half-Court Competition (3-on-3)

This order would then need to be reflected in the order of events described in the remaining document.

- Going from 1.5 to 2 m in width, in 10 meter dribble event
- Added specific size number of basketball
- Added Level 2 of Individual Skills Competition

Beach Volleyball

- New rules created

Bocce

- Deletion of officials code of ethics section

Cycling

- Formatting – Breakout of Road and Time Trial
- Clarification for Road Races:
 - For events over 1 km the course design must consider the skill-sets of both the fastest and slowest riders.
 - The road width should be at least 7 meters wide.
 - Road events over 15 kilometers should, if possible, be run on longer courses and with slightly more challenging terrain.
 - The starting line may be moved, according to the distance of the race. To facilitate a safe departure, the width at the start shall be a minimum of 7 meters. There should be at least 100 meters of straight road between the start line and the first turn on the course.
 - The last 200 meters should be free of turns and curves. There should be at least 75 meters of straight road after the finish line to allow cyclists to slow without difficulty.
- Clarification for Time Trials:
 - The course layout for a time trial can be as short as 500 meters only if the number of starters is limited and the starting riders cannot interfere with lapping riders. If the course is a loop, the first turn after the starting area should be at least 100 meters from the start. The ideal course length is two (kilometers). The road must be wide enough to allow riders to pass each other with at least 1 meter between them side to side at time of passing. (Recommend 4 meters or greater). Time trial courses can be out and back if the lanes are separated by a physical barrier (a fence, concrete divider, grass median or curb). Time trials may be point to point courses and have a separate start and finish line. The finish line should remain fixed for all distances with a variable start line location for different distances.
 - The road surface should be in good condition, free of potholes and not made of gravel.
 - Prior to the time trial, pebbles, gravel and earth should be swept off the road. Sewers should be covered by a rubber plate. Bales of hay should be placed in front of the trees and posts at turns and curves of the cycling course.
 - The time trial course should be closed to public traffic.
 - Repair areas shall be available around the course for mechanical assistance. At least one repair pit must be near the start/finish area.

Equestrian

- Added Equitation Jump
- New diagrams and dressage tests
- Deletion of AP

Figure Skating

- Reformatted
- Shift in program routine order
- Change in jumps for each level

Floorball

- Reformatted
- Game time changed for 4 x4
- Added diagrams of court dimensions

Floor Hockey

- New format submitted

Football

- Change to 5-a side (~~outdoor~~) football
- Modify rule:
 - Special Olympics recommend this playing format to low ability levels players programs or local level only, the 5 a side football will not be offered at World Games Levels

Golf

- Removed USGA reference to maintain international scope
- Diagrams rearranged for individual skills competition
- Reformatted
 - listed Equipment as a separate Section and updated lettering for any following sections
- Added as a registration requirement, "course and slope rating" for each of the levels, 2-5
- Revised the working relating to Level 2; removed the reference to coach/mentor; added notation about this being 1 event
- Clarification on Level 2 and 3 –
 - Role of coach and Unified Partner

Gymnastics (artistic)

- Formatting issues corrected

Handball

- Reformatted

Judo

- Reformatted
- More detailed divisioning
 - Pre-divisioning
 - Individual Skills test
- Amendments in weight classes
- Eliminated golden score
- Change in uniform equipment
- Change in competition area allowances

Open Water Swimming

- New rules submitted

Short Track Speed Skating

- Change to read as follows:
 - 1500 and 3000 Meter Relays.
- Change rule to read as follows:
 - Optional alternate for 1500 and 3000 Meter relays.
- Change rule to read as follows:
 - A competitor may be relayed at any time except during the last two (2) laps. These laps must be skated by one skater. In the case of a fall during the last two (2) laps, the skater may be relayed.
- Change rule to read as follows:
 - Each team shall be clearly identified by wearing the same uniform or by wearing the same color pinnie vest or same color helmet bib.
- Add new rule:
 - 1500 Meter Relay Events: For skaters with an average lap time of less than 40 seconds but greater than 25 seconds. 3000 Meter Relay Events: For Skaters with an average lap time of less than 25 seconds.

Snowboarding

- Change rule to read as follows:
 - A helmet approved (Federation Internationale du Ski, FIS) for alpine ski racing is required on all forerunners and competitors in official training and competition for all ability levels in all events.
- Delete rule as follows:
 - Helmets are required for all coaches in order to be granted access to the field of play.
- Change rule to read as follows:
 - Slalom, Giant Slalom and Super G gates consist of two poles: one outside pole and one stubby turning pole. Triangular banners must be placed at the bottom of the gate at snow level. The short or turning side of the panel must be able to tear away from the pole with Velcro or other suitable fastening. For all events, panels shall be used.
- Delete rule as follows:
 - The first gate after the start should always be red, beginning with a right to left turn.

Softball

- Reformatted to follow the IF rules
- Updated diagrams Official Dimensions of Softball Diamond in Appendix
- Change rule to read as follows:
 - Minimum pitching plate at 12.19m (40ft) and maximum pitching plate at 15.24m (50 ft)
 - Unified competition may move maximum pitching plate to 16.76m (55ft.).
- Change from Baserunner's Home Plate to Baserunner's (Second) Home Plate
- Change rule to read as follows:
 - Playing Area
The distance from home plate to the pitcher's rubber may be modified from a minimum distance of 12.19m (40ft.).
- Change rule to read as follows;
 - Regulation Game
A game that is tied at the end of seven innings or has reached the maximum time limit shall be continued by playing additional innings, or until one side has scored more runs than the other at the end of a complete inning, or until the team second at bat has scored more runs in their half of the inning before the third out is made; tiebreaker rule shall be in effect.
- Change name from The Quick Path to The Quick Return Pitch
- Change rules to read as follows:
 - If the runner has passed the commitment line (20 foot marking) and continues to run on the original foul line and interferes with the fielder taking a throw at or in contact with the original home plate:

Effect: A dead ball should be declared, the runner is out and interference rules shall be enforced.
- Change rules to read as follows:
 - A team must have the required number of players present in the team area to start or continue a game.
Exception: (UNIFIED) A team may play with an uneven number of athletes and partner as long as there are more athletes.
Effect- Sec. 3b: The game is forfeited.
EXCEPTION: (UNIFIED) When there are legal numbers of athletes and Unified partners, the game is not forfeited, but an out must be declared when two athletes or Unified partners bat back-to-back.
- Change rules to read as follows:
 - The red-stitch 30.5cm (12 inch) ball with a compression of 300 and a COR of .52 and under shall be used in all divisions, and must have a marking of MSP-52, in addition to the ISF or NGB logo
- Delete rule as follows:
 - Beginning January 1, 2007, on balls used in ISF Championship Play, the load force required to compress the ball 0.64cm (0.25 inches) must not exceed 159.1kg (350 pounds) when such balls are measured in accordance with the ASTM test method for measuring compression-displacement of softballs, which is endorsed by the ISF Equipment Standards Commission.
 - Listed below are the standards established for each ball:

Softball	Ball Color	Thread Color	Min. Size	Max. Size
Min. Wt.	Max.Wt.	Marking		
30.5cm	Optic Yellow	red stitch	30.2cm	30.8cm
198.4g		MSP-47 &		178.0g
(12" SP)			(11-7/8")	(12-1/8")
(7 oz.)				(6 1/4 oz.)
ISF-LOGO				

Tennis

- Change rule to read as follows:
 2. Match Play
 - a. A match will consist of one of the following.
 - 1) One six game No-Ad set with a margin of two games with a 7 point tie-break played at six all.
 - 2) Two out of three short sets. In a short set, the first player/team who wins four games wins that set, provided there is a margin of two games over the opponent(s). If the score reaches four games all, a 7 point tie-break game shall be played. When the score in a match is one set all, one 10 point tie-break game shall be played to decide the match. This tie-break game replaces the deciding final set. Not recommended for athletes with a rating below 3.0
 - 3) Two out of three six game sets with a margin of two games, a 7 point tie-break is played at six games all. When the score in a match is one set all, one 10 point tie-break game shall be played to decide the match. This tie-break game replaces the deciding final set. Not recommended for athletes with a rating below 6.0
 - 4) In the best of 3 set matches, there will be a 3 minute rest period prior to the deciding 10 point tie-break.
 - c. One designated Special Olympics coach may sit on court, (off the playing surface, in a chair located at the net post next to the umpire's chair) and may coach a player when the players change ends at the end of an odd game and during the 3 minute rest period prior to the deciding tie-break, but not after the first game of each set and not during a tie-break game.
 - d. When two or more athletes or teams have the same final point score, the tie shall be broken as follows:
 - First: the fewest number of sets lost in all matches
 - Second: the most games won in all matches
 - Third: the fewest number of games lost in all matches
 - Fourth: (other than for teams) head to head results

- Change rule to read as follows:
Individual Skills Competition
NOTE: Competition Managers must specify the type of ball to be used at each ISC competition.
Level 1 ball is the red foam ball.

- Change rule to read as follows:
Individual Skills Competition

Forehand Volley

The athlete stands approximately one meter from the net with the feeder on the other side of the net, positioned halfway between the service line and the net. Each athlete is given five attempts to hit a ball safely over the net. The feeder underhand tosses each ball to the athlete's forehand side.

The athlete scores 5 points for hitting into the service box into either service box.

Delete rule as follows:

The athlete scores 10 points for hitting into the backcourt on or between the baseline, service line and singles sidelines. The athlete scores five points for hitting into either service box.

- Change rule to read as follows:
Individual Skills Competition

Forehand Groundstroke

1. The athlete stands 1m behind the centre(T) of the service line. The feeder is on the other side of the net, positioned half way between the service line and the net, underhand tosses the ball so it bounces once before reaching the athlete's forehand side. Each athlete is given five attempts.
2. The athlete scores 5 points for hitting into either service box

- Change rule to read as follows:
Individual Skills Competition

Serve — Deuce Court

Each athlete is given five attempts to hit a legal serve from the right court to the deuce service box. A ball landing in the correct service box will count 10 points. A zero (0) score is recorded if the athlete commits a foot fault or fails to get the ball in the service box. A foot fault occurs when the athlete steps on or over the service line.

- Change rule to read as follows:
Individual Skills Competition

Alternating Groundstrokes with Movement

- 1) The athlete begins 1m behind the center (T) of the service line. The feeder is on the other side of the net positioned halfway between the service line and the net. alternates underhand tosses to the athlete's forehand and backhand sides. Each toss should land at a point which is both halfway between the service line and the net and halfway between the center service line and singles sideline. The athlete must be

allowed to return to the center mark before feeding the next ball. Each athlete is given ten attempts.

2) The athlete scores 5 points for hitting into either service box.

- Added new Section C – Levels
- Revisions to the Tennis Rating Form – Section D

Volleyball

- Libero player updates
- Change rule to read as follows:
 - For minor misconduct, a verbal warning followed by a yellow card may be given. If given, the yellow card applies to the entire team for the match. After a yellow card warning, sanctions may escalate to a red card, which is a penalty point and service to the opponent, a yellow and red card shown together, which results in expulsion from the set, or a yellow and red card shown separately, which results in disqualification from the match.
- Change rule to read as follows:
 - The players' jerseys must be numbered in a permanent manner from 1 to 99. For Special Olympics World Games, players' jerseys must be numbered in accordance with current FIVB rules.
- Change rule to read as follows:
 - The numbers must be a minimum of 10cm (4") in height on the chest and a minimum of 15cm (6") in height on the back.
- Change rule to read as follows:
 - It is recommended (but not required) that the team captain have a stripe on his/her jersey underlining the number on the chest.
- Change rule to read as follows:
 - A player shall not play the ball twice in succession, except in blocking. This is not to be confused with allowable multiple contacts in one attempt to play the ball, as provided in the FIVB Rules.