



***Special  
Olympics***



**AFRICA REGION**

# **ANNUAL REPORT 2016**

*Revealing the Champion in All of Us*

COVER PHOTO: Clara Phiri of Special Olympics Malawi crosses the finish line at the 2015 World Games in Los Angeles. Read how she became part of a global sports campaign on Page 12.



“When you attend a Special Olympics Games... and watch the sheer joy on faces - not just of the athletes, but more overwhelmingly among spectators - you begin to realize there is much more at work than simply athletic competition. On one hand, it is the story of years of tragedy transformed into pure joy, driven by the beauty of sheer effort. But at the same time, it is a profound statement of inclusion - that everybody matters, everybody counts, every life has value, and every person has worth.”

**Nelson Mandela**  
*Former President of South Africa and Icon of Freedom*



# Message from Dr. John Dow, Jr.

In 2016, the Africa Region experienced a year of significant growth, as displayed from data and supporting activities in this report.

Considering that 2015 marked the end of a Special Olympics 5 year strategic plan that kicked off in 2011, 2016 was the start of a new strategic plan which will end in 2020. This new plan reemphasizes the core of Special Olympics: using the power of sport as a catalyst for social change.

The Africa Region has continued to work towards opening hearts and minds of all communities towards people with intellectual disabilities, and using sport training and local competitions to create inclusive communities. Ultimately, there has been significant improvement in opportunities for athletes to perform at their best, and we have witnessed positive attitude changes in many of our countries towards people with intellectual disabilities.

2016 was significant as it provided a basis of establishing the pace into the new strategic plan. I am glad to report that by the end of 2016, the Africa Region had displayed significant fulfilment of these goals as displayed in this report.

Historically, from the time I took over as President and Managing Director of the Africa Region, I focused on the allocation of resources to accredited countries for the

benefit of Special Olympics athletes and towards leadership development.

Today, the Africa Region is one of the most respected Regions in this organization, in service delivery to its clients and customers, consequently attracting several global and local partners and investors in many of these countries. As an example, governments such as the **Republic of Rwanda** made a formal commitment by signing a three year memorandum of understanding with Special Olympics Rwanda on 16 July, 2016. **Lions Club International**, as another example, has invested financially and provided much needed service to Special Olympics in the Region. You will find many other examples of such support, partnerships and collaborations in this report.

My sincere gratitude goes to the Christmas Record Trustees of Special Olympics for the large investment made in the Africa Region through the annual **Christmas Record**

**Grants** awarded to each of the accredited countries. This milestone has been achieved mainly because of this support. Thank you!

I also want to thank the leadership of each accredited country in the Africa Region for their sacrifices in time and resources and the part they have each played in a successful 2016, and in reaching a total of 264,055 athletes, 22,720 coaches and 26,308 volunteers. My special thanks goes to the athlete leaders that form the core of decision making in the Region for speaking out and providing regional direction.

We look forward to celebrating the 50th Anniversary of Special Olympics in 2018, glad that the Africa Region continues to protect and uphold the vision of our founder, Mrs. Eunice Kennedy Shriver.

**Dr. John Dow, Jr.**  
*Regional President and Managing Director, Africa Region*



*The 'A Very Special Christmas' albums, created by world renowned musical artists, producers and A&M Records, has donated over \$75 million to Special Olympics Programs from the Christmas Records Trust.*

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# Africa Region

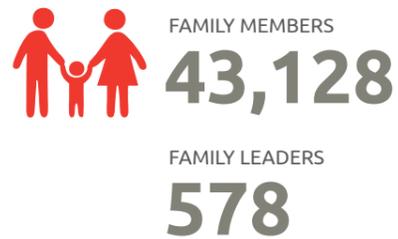
## OVERVIEW



The population of sub-Saharan Africa is almost 1 billion people. According to World Health Organization estimates, this means there could be as many as 30 million adults and children with intellectual disabilities that deserve equal opportunity to reach their potential on the playing field, and in life.



VOLUNTEERS  
**26,308**



FAMILY MEMBERS  
**43,128**

FAMILY LEADERS  
**578**



YOUNG ATHLETES  
**9601**



ATHLETE LEADERS  
**815**

## HEALTH PROGRAMS



HEALTHY ATHLETE SCREENINGS  
**17,556**



NUMBER OF CLINICAL AND STUDENT VOLUNTEERS TRAINED  
**2,154**

# 2016 Reach Report

## ATHLETES

**234,867**

UNIFIED PARTNERS  
**45,933**

TOTAL  
**280,800**



## COMPETITIONS

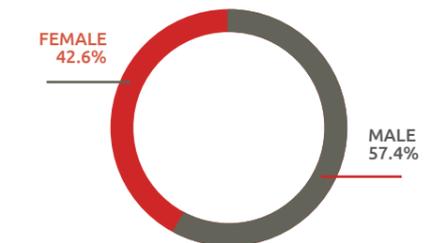


**13,009**

**5,795** UNIFIED SPORTS COMPETITIONS



COACHES  
**22,720**



## SCHOOLS



NUMBER OF SCHOOLS ENGAGED IN SPECIAL OLYMPICS  
**5,225**



NUMBER OF SCHOOLS ENGAGED IN UNIFIED SPORTS  
**1,395**

## HEALTH PROGRAMS



RECOGNIZED PROGRAMS  
**1**

HEALTHY COMMUNITY GRANTEES  
**7**



FAMILY HEALTH FORUMS  
**25**



# Mission

To provide year-round sports training and athletic competition in a variety of Olympic-type sports for children and adults with intellectual disabilities, giving them continuing opportunities to develop physical fitness, demonstrate courage, experience joy and participate in a sharing of gifts, skills and friendship with their families, other Special Olympics athletes and the community.

Special Olympics is a global movement of people creating a new world of inclusion and community, where every single person is accepted and welcomed, regardless of ability or disability. We are helping to make the world a better, healthier and more joyful place -- one athlete, one volunteer, one family member at a time.

## SPECIAL OLYMPICS ATHLETES

Athletes are the heart of Special Olympics. They find success, joy and friendship as part of their global community.

The goal of Special Olympics is to reach out to the almost 200 million people in the world with

You are the stars and the world is watching you. By your presence, you send a message to every village, every city, every nation. A message of hope. A message of victory.

*Eunice Kennedy Shriver  
Founder, Special Olympics*



intellectual disabilities. Through sports, our athletes are seeing themselves for their abilities, not disabilities.

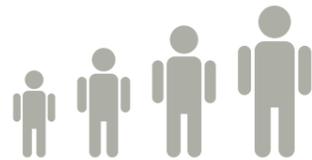
Their world is opened with acceptance and understanding. They become confident and empowered by their accomplishments.

They are also making new friends, as part of the most inclusive community on the planet - a global community that is growing every day. The 4.9 million Special Olympics athletes - ages 8 years old and up - are registered from 172 countries.



4.9 Mill

Special Olympics athletes



8 years and up

Special Olympics athletes age group



“The ultimate goal of all our work is to rid the world of discrimination against people with intellectual disabilities and by doing so, to open the hearts of every human being to the beauty and dignity of each of us.”

**Tim Shriver**  
Chairman, Special Olympics



# Power to Transform Lives

We believe that people with intellectual disabilities must no longer be a hidden population in our midst.

We do this through the Special Olympics model of change – which combines the power of all ability sports, healthcare, social inclusion and community-building – to change mindsets and behaviors towards people with intellectual disabilities and help transform their lives. **Join the inclusion revolution!**

	<p><b>ALL ABILITY SPORTS</b></p>	<p>Changing the typical reality of daily exclusion and humiliation, we enable Special Olympics athletes to experience a different reality – an inclusive environment where they are valued and respected, giving them the confidence to maximize their potential through training and equal ability competition.</p>
	<p><b>HEALTH</b></p>	<p>Special Olympics is the world's largest public health organization for people with intellectual disabilities that works to ensure ongoing access to quality healthcare services in seven disciplines.</p>
	<p><b>SOCIAL INCLUSION</b></p>	<p>Through unified activities that bring together people with and without intellectual disabilities, we foster mutual understanding and acceptance. We nurture agents of change among young people who go on to help alter mindsets and behaviors towards people with intellectual disabilities.</p>
	<p><b>COMMUNITY BUILDING</b></p>	<p>We mobilize resources to unify the power of individuals and organizations to drive positive attitudinal and behavioral change towards people with intellectual disabilities.</p>



# The Power of Sports

From Disability to Ability – that’s the transformative power of Special Olympics All Ability sports.

More than 90% of people with intellectual disabilities who participate in Special Olympics sport activities increase their physical and emotional well-being.

Training sessions become the source of social inclusion, through friendships with fellow athletes and with people without intellectual disabilities.

Research commissioned by Special Olympics has shown that many people around the world underestimate the potential and abilities of people with intellectual disabilities. Special Olympics All Ability Sports not only helps to change perceptions, it creates an opportunity to improve self-esteem and social inclusion.

In 2016, the Special Olympics Africa Region trained 1,997 new coaches, creating a total increase of 9.6%.

## CLARA PHIRI CROSSES HER FINISH LINE

During the 2015 World Summer Games in Los Angeles, Clara Phiri represented Special Olympics Malawi in 200m and 100m,

winning two gold medals with times of 31:80 and 15:19!

This year, the American company Finish Line, a retail chain stocking the world’s top sports brands, were so impressed with her achievements they used her photo as the headline of their Special Olympics annual fundraising campaign, “Spread Unstoppable Joy”. This was posted across 660 stores in 47 states across the United States, including Macy’s stores.

Clara had cerebral malaria as a child, from which she developed an intellectual disability. Malaria places the biggest burden on children aged five and under in Africa.

However, once she joined her local Special Olympics program in Karonga district she went from strength to strength both physically in the sports of athletics and netball, and in the Athlete Leadership program as a fitness instructor. This athlete leader’s dreams are still big and she hopes to one day complete her tertiary education.

*Read about Athlete Leadership on Page 16.*



15,598

Number of New Athletes Reached (7.1%)



1,997

Number of New Coaches Trained (9.6%)



234,867

Number of Athletes



22,720

Number of Coaches



13,009

Number of Competitions



# Unified Sports®

Team sports bring people together.

Special Olympics Unified Sports® brings people with and without intellectual disabilities with equal ability levels together on the same team. It was inspired by a simple principle – training and playing together is a quick path to friendship and understanding.

Through inclusive equal ability team sports and shared competition experiences, athletes with and without intellectual disabilities experience a new understanding, dispelling negative attitudes about intellectual disability and also impacting their respective family members, friends, and the community at large to change their opinions of and behaviors towards people with intellectual disabilities.

Research on Unified Sports® has found that Special Olympics athletes experience improved social competence and social inclusion in their communities, while decreasing problem behaviors.

## FROM EXCLUSION TO THE WORLD STAGE WITH NBA CARES

Behind all the numbers, are athletes whose lives are forever changed for the better.

The fifth annual NBA Cares Unified Basketball Game was held during All Star Weekend,

featuring 11 Special Olympics athletes from around the world playing alongside NBA and WNBA legends! Played for the first time in Toronto, Canada, the game brought the unifying power of sports to a wide new audience.

Temitope Amodu was selected to represent Special Olympics Africa Region, after she also represented Special Olympics Nigeria at the 2015 Special Olympics World Games, returning home with a silver medal.



45,933

Number of Unified Partners



29,188

Number of Athletes



Thanks to support from ESPN, the Global Presenting Sponsor of Unified Sports, Special Olympics has recruited more than 1.4 million Unified teammates around the globe.



# Athlete Leadership

## Teaching the world the true meaning of inclusion

The Special Olympics Athlete Leadership program allows athletes to explore opportunities for greater participation in our movement beyond sports. Athlete leaders put their talents to work as volunteers, coaches, fundraisers, staff, Board Members and spokespersons. They are teaching the world the true meaning of inclusion.

Athletes lead the way as the voices of the movement, educating the world about the potential of people with intellectual disabilities and driving the Special Olympics movement forward with their insights and contributions.

### ATHLETE INPUT COUNCIL

The Athlete Input Council serves as the voice of people with intellectual disabilities in the Africa Region, and provides feedback on policies that affect Special Olympics athletes.

### SARGENT SHRIVER INTERNATIONAL GLOBAL MESSENGER

Brightfield Shadi is from Botswana, where a diagnosis of intellectual disability can mean lifelong isolation and stigma. He also has visual impairments which led to mockery and

bullying in school and elsewhere. In 2008, he found Special Olympics and it changed his life.

"It gave me the chance to be with other people of my same ability and see my strengths and overcome my weaknesses."

Through Special Olympics sports, Brightfield now has many friends and is himself a coach and mentor. "I want to help them build up confidence and accept who they are - just like I did."

"I was a zero, now I'm a hero!"

With athlete leadership training, Brightfield now thrives in public speaking, and was selected to be

a Sargent Shriver International Global Messenger. "Now, I am a person who believes in myself and also that everything happens for a reason.

Because of Special Olympics, I now believe that my disability is an ability - and an opportunity."



815

Number of Athlete Leaders Africa Region

I was a zero, now I'm a hero!

*Brightfield Shadi*



There are times when we become disheartened or discouraged and life may feel like an uphill climb.

Those are the times to remember that a rewarding life is filled with challenge; the effort creates fires that temper us and strengthen our spirit.

So do not feel pity for me. Give me a chance!

**Thomas Gatu,**  
Special Olympics  
Kenya Athlete



# Young Athletes

Young Athletes is for children with and without intellectual disabilities aged two to seven, designed for long term impact that accelerates their development.

Starting early to improve motor skills, cognitive, social and emotional development are key factors for future health and growth.

Special Olympics Young Athlete uses a sports play program to introduce children to the world of physical activity, to develop essential motor skills and hand-eye coordination. A Special Olympics study showed that after two months of participation in Young Athletes children with intellectual disabilities experienced a seven-month gain in motor skills. Participants improved motor skills at twice the rate of children who did not participate.

An example of this is young Abel from George Clinic in Zambia. Abel has paralysis from the waist down, but when he saw the other children hopping through hula hoops he was not content to stay in the coloring circle! Without any assistance,

he moved over to the hula hoops and pulled and lifted his legs through every single one. His determination and self-confidence brought so much joy to the other children, and he is counted as Special Olympics Zambia Young Athletes' greatest achievement.

## YOUNG ATHLETES IN SPECIAL OLYMPICS ZAMBIA

The First Lady of Zambia, Her Excellency Mrs. Esther Lungu, marked the International Day of Persons with Disabilities alongside Special Olympics athletes. This was part of a Unified Sports day co-hosted with UNICEF.

Lungu said that the current discrimination against children with intellectual disabilities means they "have poor health outcomes, lower education achievements, less economic

participation and higher rates of poverty."

The world would be a better place if children [with intellectual disabilities] can live out their dreams and contribute to society through their many talents."

The First Lady's support sent a strong message in a country where traditional beliefs and stigma can lead to people with intellectual disabilities remaining "hidden" and excluded from community life.



9601

Number of Young Athletes, Africa Region



For more than 15 years, Toys "R" Us and the Toys "R" Us Children's Fund together have supported Special Olympics and the littlest athletes, primarily through grant funding to advance the Young Athletes Program.

# Special Olympics Health

## Improving access to healthcare.

Healthy athletes are better able to compete at their personal best.

Special Olympics has provided more than 1.7 million health screenings, resulting in the world's largest public health program for people with intellectual disabilities.

We offer free health screenings and healthcare services, specially designed for people with intellectual disabilities, many of whom have never before seen a medical professional in their life.

In many cases, it profoundly changed – or saved – their lives.

1,000 bed nets and trained over 100 coaches.

### TOWARDS GLOBAL 'INCLUSIVE HEALTH'

Healthy Athletes® volunteers – who are trained to work with people with intellectual disabilities – know what to look for and how to work with athletes of all abilities.

For example, trained volunteers made an important difference at Special Olympics Botswana's 29th National Games in Serowe. A team of 11 audiologists and clinicians screened almost 400 athletes and removed many foreign objects, such as silicon, fruit seeds and grass stalks embedded inside athlete's ear canals.

This made a huge difference in athletes' hearing – and in their lives.



17,556

Number of Healthy Athlete Screenings



2,154

Number of Clinical and Student Volunteers Trained



## ExxonMobil

Some partnership efforts target urgent regional issues. Malaria and HIV/AIDS are prevalent in much of sub-Saharan Africa, yet critical health care and counseling do not always reach people with intellectual disabilities or their families.

With support from ExxonMobil, Special Olympics Nigeria in collaboration with Grassroots Soccer, is leading a football program that combines the power of sports with malaria and HIV/AIDS education, testing and services.

In 2016, the program implemented the SKILLZ for Life curriculum in 58 schools, distributed more than

# Healthy Athletes®



### Special Olympics FIT FEET

This discipline focuses on podiatric screenings, including motion range and deformation, as well as skin and nail consistency. Shoes and socks are also inspected to fit athletes. Athletes are also educated about choosing the right shoes, as well as proper foot and nail care.



### Special Olympics FUNFITNESS

The FUNfitness discipline screens athletes for flexibility, strength and balance to improve function in sports training and competition, prevent or reduce risk of injury and recommend exercises. All collected data is used for personal consultation to enhance performance.



### Special Olympics HEALTH PROMOTION

This discipline aims to raise awareness about a healthy lifestyle. Health Promotion conducts screenings in bone mineral density, blood pressure and body mass index based on height and weight. In 2016 in the Africa Region, 21% of athletes reported using tobacco products, and more than 27% reported exposure to secondhand smoke.



### Special Olympics HEALTHY HEARING

The Healthy Hearing discipline provides screenings to detect ear or hearing problems, recommending follow-up care, if needed, and advising about the necessity for regular ear and hearing exams. The discipline also includes ear wax removal, hearing aid maintenance and minor repairs. Results from screenings in the Africa Region in 2016 showed that nearly 35% of athletes were reported to have blocked or partially blocked ear canals; more than 22% failed the PureTone hearing test; and approximately 26% showed problems in the middle ear.



### Special Olympics MEDFEST®

MedFest offers the physical screening that all athletes need prior to participating in Special Olympics sports programming. The screening consists of assessing medical history, height, weight, blood pressure, body mass index, temperature, pulse, vision, hearing, potential medication side effects, and general physical health.



### Special Olympics Lions Club International OPENING EYES®

Special Olympics-Lions Club International Opening Eyes® offers eye screenings. Prescription eyewear, sport lenses and sunglasses are available free of charge to athletes, as well as recommendations for future follow-up visits. In the Africa Region in 2016, results from screenings showed that 25% of athletes had an eye disease, and nineteen percent of athletes needed a new prescription. More than 61% of athletes had never had an eye screening before.



### Special Olympics SPECIAL SMILES®

The Special Smiles discipline offers free dental screenings and instructs athletes on oral health care and correct brushing and flossing techniques. Preventative supplies, such as toothpaste and toothbrushes, are also provided. In the Africa Region, 29% of athletes reported mouth pain during screenings in 2016; more than 42% had untreated tooth decay; over 32% showed signs of gingivitis; and more than 23% needed an urgent dental referral.

# Healthy Communities

“People with intellectual disabilities are still one of the largest groups of underserved individuals in health care, but we’re making progress helping them to get access to quality care - by raising awareness, educating more health-care providers to be able to care for them, and developing relationships with key partners, such as health-care systems, universities and government agencies.”

**Tom Golisano**  
 Founder, Golisano Foundation

**Golisano** FOUNDATION  
 Imagine the possibilities!

To help athletes achieve their best both on and off of the field, and building on Healthy Athletes screenings, the Healthy Communities initiative works to expand access to year-round quality health, wellness and fitness services, opportunities, health education and resources for people with intellectual disabilities.

These efforts also include building health partnerships and strengthening follow up health care opportunities for people with intellectual disabilities.



One example is in Special Olympics Uganda. With support from the Korea International Cooperation Agency (KOICA), athletes can learn the benefits of hand washing for their health and well-being.

Pictured here giving a demonstration in a Wakiso District School, 20-year-old Marvin Kulubya, athlete leader and floor hockey national team player, has been trained and serves as a Health Advocate.



184

Referrals made.  
 (326 including outside of Healthy Communities geographic focus area)



143

Number confirmed to receive care



726

Family members/partners engaged in ongoing wellness opportunities

# Family Health Forums

Often serving as an entry point for health awareness and education, Special Olympics hosts Family Health Forums. These forums engage athletes and their families/caregivers and provide access to health information and resources. They convene health experts, community leaders and social service providers who offer health education.

More than 1,080 athletes and over 1,830 family members participated in more than 20 Forums that were held in the Africa Region in 2016.

Forum topics included discussions on intellectual disabilities, inclusion, HIV/AIDS, nutrition, parenting, sexual health, stigma, fitness, malaria, and hygiene.



Engaging in a Family Health Forum at Gilgil Special School, Nakuru County with Special Olympics Kenya.

# Fitness



Hitting the court for exercises with Special Olympics Nigeria.



Athletes and family members get moving in a group fitness activity in Special Olympics Mauritius

Fitness is a critical component contributing to athletes' healthy lifestyle and sports performance.

In 2016 in the Africa Region, 20% of child athletes and 22% of adult athletes who were screening in Healthy Athletes Health Promotion were reported to be underweight.

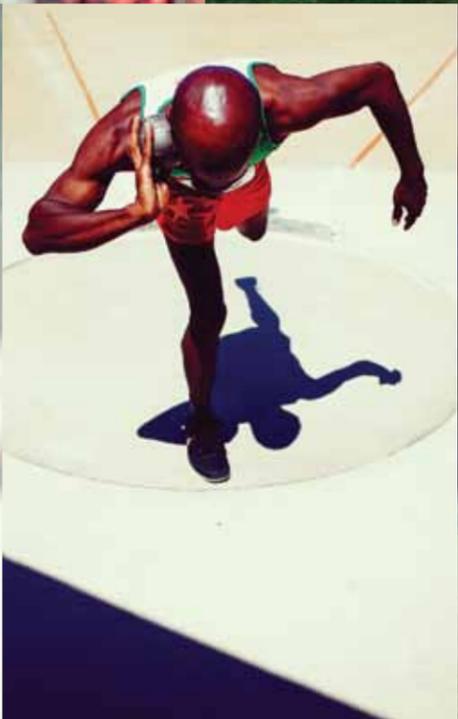
Results from Healthy Athletes FUNfitness screenings showed that approximately 80% of athletes had flexibility problems, and nearly 100% of athletes had strength and balance problems.

These results further reinforce the importance of fitness alongside health and sport.



927

Athletes engaged in ongoing wellness opportunities, according to Healthy Communities research



**“You’re bringing us together. You’re filling us with so much hope. And you’re uniting us in a way that nothing else can.”**

**Michelle Obama,**  
*First Lady of the United States of America*



# Games and Competition

Every year, Special Olympics holds more than 100,000 competitions and events around the world, plus World Summer or Winter Games alternating every two years.

Throughout 2016, millions of athletes were training and competing in our 32+ Special Olympics summer and winter sports – all around the world. There were no World Games in 2016 – but our athletes were too busy to notice!

Hundreds of them were in training for the 2017 World Winter Games competition held in Graz, Schladming and Ramsau in Austria. There was also the announcement of the 2019 World Summer Games, which will happen in Abu Dhabi, United

Arab Emirates in March 2019. These will be the first Special Olympics World Games to be held in the Middle East.

The Africa Region experienced huge growth in 2016. This is a result of the Floorball training and 2016 Leadership Conference Floorball Demonstration, which empowered Program Leaders to introduce a new winter sport back home in their countries.

As a direct result of this, 8 Programs registered for World Winter Games in 2017:

- Burkina Faso
- Cote d'Ivoire
- Ghana
- Kenya
- Namibia
- Nigeria
- South Africa
- Uganda

In the Special Olympics movement, globally, more than 100,000 competitions were held this year, averaging nearly 300 events per day!

SPECIAL OLYMPICS  
**WORLD GAMES**  
ABU DHABI 2019



الأولمبياد الخاص  
**الألعاب العالمية**  
أبو ظبي 2019

# Leadership

## REGIONAL LEADERSHIP

**Dr. John Dow, Jr.**  
President and Managing Director,  
Africa Region;  
President and Managing Director,  
Asia Pacific

**Charles Nyambe**  
Vice President, Operations  
Africa Region

**Jimmy Masina**  
Office Assistant / Athlete Leader

**Maria Muller**  
Director, Healthy Communities

**Desmond Sibiya**  
Senior Manager, Sports Programs  
& Organizational Development

**Romi Reinecke**  
Senior Manager, Marketing and  
Communications

**Joe Mutua**  
Manager, Program Development

**Charles Takouet**  
Manager, Program Development

**Mashane Nthutang**  
Manager, Healthy Athletes

**Ngawa Mumba**  
Coordinator, Youth Activation &  
Initiatives



### Africa Leadership Conference 2016

Special Olympics Africa Region hosted a Leadership Conference 14-18 March 2016 in Johannesburg, South Africa. A total of 47 Program leaders including athletes were in attendance. Mary Davis, Special Olympics CEO, attended the conference and shared a word of encouragement to the Africa Regional leadership.



# Africa Region Programs



## BURKINA FASO

**FOUNDED IN 1991**

**Languages:** French, Mooré, Fulfuldé and Dioula

**Registered athletes and Unified teammates:** 3,640

**Coaches:** 783

**Competitions:** 149

**Other Programs:**

Athlete Leadership, Healthy Athletes, Family Health Forum, Young Athletes, Youth Activation



## CÔTE D'IVOIRE

**FOUNDED IN 1992**

**Languages:** French

**Registered athletes and Unified teammates:** 11,032

**Coaches:** 1,073

**Competitions:** 1,125

**Other Programs:**

Athlete Leadership, Family Health Forum, Healthy Athletes, Young Athletes, Youth Activation



## GHANA

**FOUNDED IN 1978**

**Languages:** English and Twi (Akan), Ewe, Ga, Dagbani,

**Registered athletes and Unified teammates:** 9,354

**Coaches:** 436

**Competitions:** 2,000



## ZIMBABWE

**FOUNDED IN 1987**

**Languages:** English, Shona and Ndebele

**Registered athletes and Unified teammates:** 5,495

**Coaches:** 830

**Competitions:** 104

**Other Programs:** Athlete Leadership, Young Athletes, and Youth Activation Athletes, Youth Activation



## BENIN

**FOUNDED IN 1992**

**Languages:** French and Fon

**Registered athletes and Unified teammates:** 1,310

**Coaches:** 315

**Competitions:** 69

**Other Programs:** Young Athletes



## KENYA

**FOUNDED IN 1978, SPECIAL OLYMPICS KENYA WAS THE FIRST PROGRAM ESTABLISHED IN AFRICA!**

**Languages:** English, Swahili and other local languages

**Registered athletes and Unified teammates:** 57,476

**Coaches:** 6,346

**Competitions:** 1,220

**Other Programs:** Athlete Leadership, Healthy Athletes, Healthy Communities, Family Health Forums, Family Support Network, Young Athletes, Youth Activation



## BOTSWANA

**FOUNDED IN 1988**

**Languages:** Setswana and English

**Registered athletes and Unified teammates:** 6,278

**Coaches:** 548

**Competitions:** 2,256

**Other Programs:**

Athlete Leadership, Healthy Athletes, Youth Activation, Young Athletes



## MALI

**FOUNDED IN 1993, RE-FOUNDED 2013**  
**Languages:** English and Chichewa  
**Registered athletes and Unified teammates:** 1,084  
**Coaches:** 162  
**Competitions:** 34  
**Other Programs:** Family Health Forum



## NIGERIA

**FOUNDED IN 2005**  
**Languages:** English and 13 local languages  
**Registered athletes and Unified teammates:** 21,289  
**Coaches:** 913  
**Competitions:** 1,167  
**Other Programs:** Athlete Leadership, Healthy Athletes, Healthy Communities, Family Health Forums, Young Athletes, Youth Activation



## NAMIBIA

**FOUNDED IN 1999**  
**Languages:** English is the official language and 13 local languages  
**Registered athletes and Unified teammates:** 509  
**Coaches:** 49  
**Competitions:** 114  
**Other Programs:** Athlete Leadership, Family Health Forum, Healthy Athletes, Youth Activation and Young Athletes



## UGANDA

**FOUNDED IN 1991**  
**Languages:** English, Luganda, Swahili  
**Registered athletes and Unified teammates:** 8,073  
**Coaches:** 769  
**Competitions:** 130  
**Other Programs:** Athlete Leadership, Healthy Athletes, Healthy Communities, Family Health Forums, Families, Young Athletes, Unified Sports and Youth Activation



## RWANDA

**FOUNDED IN 2003**  
**Languages:** English, French and Kinyarwanda  
**Registered athletes and Unified teammates:** 16,187  
**Coaches:** 1,114  
**Competitions:** 410  
**Other Programs:** Athlete Leadership, Family Support Network (FSN), Young Athletes



## MALAWI

**FOUNDED IN 1999**  
**Languages:** English and Chichewa  
**Registered athletes and Unified teammates:** 22,838  
**Coaches:** 1,109  
**Competitions:** 2,365  
**Other Programs:** Athlete Leadership, Family Health Forums, Young Athletes, Athlete Leadership, Youth Activation



## MAURITIUS

**FOUNDED IN 1997**  
**Languages:** English, Creole and French  
**Registered athletes and Unified teammates:** 3,265  
**Coaches:** 151  
**Competitions:** 51  
**Other Programs:** Family Health Forums, Fitness, Young Athletes



## SENEGAL

**FOUNDED IN 1990'S, RE-FOUNDED IN 2009**  
**Languages:** French and Wolof  
**Registered athletes and Unified teammates:** 2,930  
**Coaches:** 575  
**Competitions:** 60  
**Other Programs:** Athlete Leadership, Family Health Forum, Healthy Athletes, Young Athletes



## TOGO

**FOUNDED IN 199**  
**Languages:** French, Ewe, Kabia, Mina etc.  
**Registered athletes and Unified teammates:** 12,359  
**Coaches:** 1,027  
**Competitions:** 473  
**Other Programs:** Athlete Leadership  
**Other Programs:** Family Health Forum



## SOUTH AFRICA

**FOUNDED IN 1991**  
**Languages:** English, isiZulu, seSotho and Afrikaans  
**Registered athletes and Unified teammates:** 50,902  
**Coaches:** 3,656  
**Competitions:** 1,950  
**Other Programs:** Athlete Leadership, Healthy Athletes, Healthy Communities, Family Health Forums, Family Support Network, Young Athletes, Youth Activation



## ZAMBIA

**FOUNDED IN 2001**  
**Registered athletes and Unified teammates:** 1,094  
**Coaches:** 152  
**Competitions:** 48  
**Other Programs:** Athlete Leadership, Families, Young Athletes, Unified Sports and Youth Activation



## TANZANIA

**FOUNDED IN 1987**  
**Languages:** English, Swahili and local languages  
**Registered athletes and Unified teammates:** 19,949  
**Coaches:** 1,925  
**Competitions:** 287  
**Other Programs:** Athlete Leadership, Family Health Forum, Healthy Athletes, Unified Sports, Young Athletes, Youth Activation, Unified Sports



## SEYCHELLES

**FOUNDED IN 1986**  
**Languages:** French and Wolof  
**Registered athletes and Unified teammates:** 173  
**Coaches:** 31  
**Competitions:** 12  
**Other Programs:** Athlete Leadership



## SWAZILAND

**FOUNDED IN 2001**  
**Languages:** Siswati and English  
**Registered athletes and Unified teammates:** 8,818  
**Coaches:** 756  
**Competitions:** 7  
**Other Programs:** Athlete Leadership, Family Health Forum, Family Support Network, Young Athletes



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