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The **Athlete Leadership Training Series** can be seen and experienced as a series of courses that can be taken based on interest and ability which include courses from different areas. Each course has a PowerPoint and Notes pages, Trainer Guide and Participant Guide as well as complementary materials and handouts to assist the trainers. It is recommended that at least one of the trainers be an athlete with a defined role and subject matter and who has been trained in that role.

Athlete Leadership begins with awareness and promotion of the movement. Beyond the Vision and This is Athlete Leadership are two such courses getting the word out and allowing the participants information on what Athlete Leadership Training is offered.

**Athlete Leadership Training Series**

**Promotion, Awareness, Orientation and Training of Athlete Leadership**

* Beyond the Vision (20-minute persuasive presentation with video)
* This Is Athlete Leadership (60-minute orientation to Athlete Leadership)
* Introduction to Athlete Leadership Course

**Communications**

* Global Messenger Course – Public Speaking
* Working with the Media Course \*
* Advanced Global Messenger Course \*

**Sports**

* Athletes as Coaches Course
* Coaching Special Olympics Athletes Course
* Athletes as Officials Course

**Governance**

* Athletes on Committees and Input Councils Course
* Athletes Experiencing Input Councils Course \*
* Developing Athletes as Board Members Course \* *(Elective)*

**Technology**

* Email, the Internet and Search Engines Course
* PowerPoint Course
* Social Media Course \* *(Elective)*

**Health**

* Athletes as Healthy Athletes Assistants Course \*
* Athletes as Fitness Coaches Course \*

**Introduction to Athlete Leadership** is the required first course. Courses in the athlete’s area of interest require participation in the course and completion of a practicum within 6-12 months.

A new ***Health Major*** plus the **starred** (\*) courses are in development. The **doubled starred** (**\*\***) courses are to be taught by sport qualified and Special Olympics experienced instructors.