

Sustaining Athlete Health

Special Olympics



VISION

A world where every person with an intellectual disability & their family understands what they need to do in order to optimize their health, & where accessible information, resources, systems & policies exist at the individual, community, national & global levels that support them in realizing healthy & productive lives.

THE PROBLEM

The Issue

200,000,000
people with intellectual disabilities are denied access to quality health services.



Our Role

Promote the overall well-being of people with intellectual disabilities via programs that ensure ongoing access to quality, community-based healthcare services, highlighted by free health exams at Special Olympics' competitions, games and other venues.



Successes

- ✓ **1.4 million** exams
- ✓ **7** healthcare disciplines
- ✓ **120,000** professionals trained
- ✓ **New data** for research & awareness

Limitations

- ! **Episodic exams** (at games only)
- ! **3.5%** athlete penetration rate
- ! **Static** snapshot data system
- ! **Limited engagement** of coaches, families & community partners

THE SOLUTION

- 1 Infuse expanded health services, including ones focused on diseases of extreme poverty, into all of Special Olympics' worldwide, year round events & programming.

> More Exams in More Places



> New Programming

	+ MALARIA	+ HYDRATION
	+ HEALTHY WEIGHT	+ HYGIENE
	+ NUTRITION	+ TB, HIV/AIDS

> More SO Advocates (athletes, coaches, families)



- 2 Create local Healthy Community networks of health providers engaged in Special Olympics' health work & committed to providing ongoing health resources & services to people with intellectual disabilities & their families outside of Special Olympics.

> Foster Community Partnerships



> Activate at Special Olympics



> Catalyze Access to Community Healthcare Services



- 3 Create global Healthy Communities coalition of leading businesses, NGOs & governments that support Special Olympics' health work & increase access to health resources & services through macro-level action.



- 4 Develop world class bio-informatics capability to monitor longitudinal health outcomes for people with intellectual disabilities to measure progress, inform public policy leaders, and demand health justice worldwide.

